

## 2014 LAMBRA USA Cycling 4 PERSON TEAM TIME TRIAL CHAMPIONSHIP Saturday, AUGUST 9<sup>TH</sup> 2014 VACHERIE, LOUISIANA

*Held Under USA Cycling Event Permit #2014-2308*

**DATE:** 9:00am on Saturday, August 9<sup>th</sup>, 2014

**RACE LOCATION:** Jubilee Truck Stop and Casino, 29285 Hwy 3127, Vacherie, LA.70090

**ENTRY FEE: Jubilee.** \$80 per team. Everyone must have a USAC-Road license. One-day USAC-Road licenses will be available on race day.

**EVENT DISCIPLINE:** Four man team time trial (Road)



**REGISTRATION:** Registration will be in the parking lot between the Chevron and the Casino. LA. Race Day Registration will be held at the race location the morning of the ride from 7:00 am until 8:30 am. Team members please pick up your numbers together. One-day USAC-Road licenses will be available on race day. Teams containing riders with one-day USAC-Road licenses are not eligible for LAMBRA Cycling Cup Series (LCCS) points or USAC championship medals.

**COURSE DESCRIPTION:** Race begins on LA 3127 at the Jubilee Truck Stop and Casino in Vacherie, LA. and ends at the same location. The course is an out and back (15 miles each way) for a total distance of 30 miles. Riders will start at LA 3127 in front of the Jubilee store. This course will be open to vehicular traffic. Please be on the lookout at all times for vehicles.

**CONTACT INFORMATION:**

Bayou Country Cyclists/Green Team  
Matt Trahan - 985-209-0898  
[muldoon54@bellsouth.net](mailto:muldoon54@bellsouth.net)

**WEBSITE:** Visit <http://bccbike.org/timetrial> for information including course & location maps.

**PRICE MONEY:** \$80 to the winning team only in the following categories; 1/2, 3, 4, Masters 40+ and Women. Medals will also be awarded to all the categories for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup>.

**RACE HOTEL: Days Inn** 158 Glenwild Dr., Thibodaux, LA. Rate is \$69.00 (plus tax). Discount code is "Bicycle Race". Registration needs to be made by July 25, 2014. Individuals will call the hotel direct at 985-446-1933. Hotel requires at least forty eight hours prior to event for cancellation. Full hot breakfast (scrambled eggs, biscuits, sausage, etc) provided.

**All participants must either possess a USAC license or purchase a one day USAC license.**

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Below will be the starting lineup including distance and prizes awarded. **First team goes off at 9 am followed by the other ones in two minute increments.** Medals are based on teams with four riders who possess an annual USAC License. Medals will be awarded following the conclusion of racing.

Start Order	Category of Riders	Distance	Prizes
1 <sup>st</sup>	Cat 1/2	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
2 <sup>nd</sup>	Cat 3	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
3 <sup>rd</sup>	Cat 4	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
4 <sup>th</sup>	Cat 5	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
5 <sup>th</sup>	Masters 40+ (Cat 1-4)	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
6 <sup>th</sup>	Masters 55+	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
7 <sup>th</sup>	Women	30 Miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>
8 <sup>th</sup>	Juniors	20 miles	Medals for 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup>

### Relevant LAMBRA Cycling Cup Series (LCCS) Rules:

#### LAMBRA Cycling Club Series

##### Team Time Trials

Team Time Trials will be scored according to the Time Trial points schedule (Table 3).

All riders on a team must hold current [USAC-Road](#) annual licenses in order for any of them to be eligible for LCCS points.

Teams with mixed LCCS Classes/Categories will compete in the class/category of the most advanced team member according to the following hierarchy.

Cat. 1,2; Cat. 3; Cat. 4; Master 40+; Master 55+, Junior.

Teams composed entirely of Master or Junior riders must elect in advance to compete in either the appropriate Skill Category or Age-Graded LCCS race. Teams containing riders with one-day [USAC-Road](#) licenses are not eligible for LAMBRA Cycling Cup Series (LCCS) points or USAC championship medals.

#### Relevant USAC Team Time Trial Rules:

##### 3F. Team Time Trial

**3F3.** Only road bicycles shall be used. **\*\*This does not exclude typical Time Trial or Triathlon bicycles.\*\***

**3F4.** The starting interval between teams will normally be at least two minutes, but may be increased according to the course.

**3F5.** Starting order may be chosen by random selection, by numeric order, or by seeding (fastest last). **\*\*For**

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this event, we will begin with the lineup listed above - Cat 1/2, Cat 3, Cat 4, Cat 5, Masters 40, Masters 55, Women, and Juniors.\*\*

**3F6. Start.**

**(a)** Each team shall report to the starter at least three minutes before their scheduled starting time and shall start at the scheduled time. If a team appears later than the appointed starting time, the start shall be allowed only if it does not interfere with other teams starting on schedule. If it does interfere, the team may be further delayed. In case of a late start, the appointed time shall be used in computing results.

**(b)** The riders from each team shall line up side by side at the start. All riders shall be held by officials at the start and shall neither be restrained nor pushed. When there are too few holders, all riders must start with one foot on the ground. All teams must start in the same manner. No restarts shall be permitted for any reason.

**3F7.** In championship events, teams shall consist of four riders and the team time is the time of the third rider. Thus, at least three riders must finish.

**3F8.** Teammates on different laps may not work together [entire team disqualified].

**3F9.** All pushing of riders is forbidden, even among teammates. Such pushing will result in the entire team being disqualified.

**3F10.** No team shall take pace behind another team closer than 25 meters (80 feet) ahead, or 2 meters (7 feet) to the side [time penalties in Table 2].

**3F11.** The exchange of food, drink, minor repair items, help with repairs and exchange of wheels or bicycles shall be permitted solely among members of the same team.

**1I5. Young Junior/Youth Bicycles** *All riders aged 14 and under* are restricted to massed-start bicycles as defined in 1I1(g). These bicycles must also have at least 16 spokes and no wheel covers may be used