



## USA Cycling On Bike Skills Camp and Basic Hill Climb Clinic

Power Team Coaching and GripNRip Racing are proud to present a USA Cycling Sanctioned On Bike Skills Camp led by Certified Level II Coach and USA Cycling Skills instructor, Michael Ruder

Register online only here -> www.usac.org

Class is limited to the first 16 riders

When: Sunday July 27th 2014

Time: Registration/Check-in 7:30am

Skills Camp start 8:00am Skills Camp ends 2:00pm

Where: SPIN! Pizza Lenexa. KS. 9474 Renner Blvd.

Lunch: 12:00 -12:45 @ SPIN! Pizza 20% off cycling coin,

or bring a lunch

Cost: \$35.00 + \$10.00 one-day USAC license, insurance and a

service fee

\$35.00 + Service Fee and insurance for Current USAC license holders. Must present license at

check -in.

The On Bike Skill camp will consist of beginner to intermediate bike skills such as, straight line drills, cornering and steering, to more advanced skills such as obstacle avoidance and a few other fun skills.

The afternoon session will be a SHORT Hill Climbing clinic.

USA Cycling sanctioned and approved rider education clinics (at least half day), will count as three qualifying races for category 5 to 4 upgrades up to a maximum of 5 qualifying races.

USAC-sanctioned rider Camps and Clinics that are approved by the Local Associations for upgrading will count a maximum of 3 upgrade points when upgrading from category 4 to category 3.



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Event will be held rain or shine.

No refunds or vouchers

In the event of lightning we will evaluate as a group.

Event held under USAC Permit # 2014-1609