

# IndyCycloplex

Home of the Major Taylor Velodrome  
Lake Sullivan Sports Complex

## 2012 MTV Time Trial Series

There is a monthly Major Taylor Time Trial Series which is an opportunity for riders and racers to measure their improvements over the course of a season. The series is open to any rider with a valid racing license and a track bike to be timed and battle the clock. Rental bikes are available for use in the TT series.

### EVENT DATES

Sat 5/12  
Sat 6/30  
Sat 7/14  
Sat 9/8

### SCHEDULE

7 - 7:45 am, Registration  
7 - 8:00 am, Warm-up  
8 am – 11:30 am, Racing

### FORMAT

200m  
500m or 1000m  
2km or 3km or 4km  
Team Sprint  
Team Pursuit

Riders register for 2 events, plus an optional third event. All riders race their first two events, then as time allows, everyone rides their 3rd event until 11:30 am.

### CATEGORIES

Event	Categories Youth	Women	Men	Masters
Flying 200 m	Youth 10-14, 15-16	Women 17+, 30+, 40+	Men 17+, 30+, 40+	Men 50+
500 m	Youth 10-14, 15-16	Women 17+, 30+, 40+		Men 50+
1000 m	Youth 10-14,		Men 17+, 30+, 40+	
2 Km	Youth 15-16	Women 30+		Men 50+
3 Km		Women 17-29	Men 17+, 30+, 40+	
4 Km			Men 19+, 30+, 40+	
Team Sprint	3 laps men, 2 laps women	Women 17+	Men 17+	Men 40+
Team Pursuit	3 or 4 rider teams	Women 17+	Men 17+	Men 40+

### EQUIPMENT

Riders must use a bike valid for track time trials

### AWARDS

No daily / cash awards. A Rider's best 2 rides at each distance count towards overall. Overall awards based on gender, and age divisions, listed above, Riders must be present and the final event, September 24, to be eligible for overall. There is also an Eddy Merckx category.(no carbon, no aero, no bull-horns, no clip-ons)

### ENTRY FEES

All riders, \$20, online through Truesport.com, up through 11 pm, the night before each event. Same day registration add \$10 by cash or check only. Riders must have a valid USA Cycling license.

### WEATHER CONSIDERATIONS

The weather policies of the Indy Cycloplex may require the cancellation or delay of some events. Events cancelled before first rider starts will receive credit towards a future event.

The Lake Sullivan Sports complex, including the Major Taylor Velodrome and MBX track are owned by the City of Indianapolis Department of Parks and Recreation and operated by Marian University. The Lake Sullivan Skate Park at LSSC is owned and operated by the City of Indianapolis Department of Parks and Recreation. LSSC is located at 3649 Cold Spring Road, Indianapolis, Indiana

[www.IndyCycloplex.com](http://www.IndyCycloplex.com)

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## Description of TT Events

### Flying 200 meter Time Trial

The gold standard for measuring sheer power output, anyone that considers themselves a sprinter knows what their 200m time is. Riders roll onto the track from the back straight, with 2 1/2 laps to go. 1 1/2 laps later, they receive the bell, then sprint to the finish.

### Kilometer and 500 meter Time Trial

Certainly the simplest and arguably the toughest event on the track. From a standing start go as fast as you can to the finish. Brute strength and speed are required for the first 90% and a little endurance and mental skills are needed in the last 10%. Many events are won and lost in the last 10%. Can you hold it together or will you come apart right before the line? Depending on how many riders are in attendance, riders may start alone, or have someone to chase that is starting on the opposite straightaway.

### Pursuit, 2km, 3km, 4km

Two riders start on either side of the track with the idea being to catch your opponent or complete the distance in the quickest time. This is where you may see some high-tech equipment as carbon fiber wheels, aero bars/helmets, and skin suits. Depending on how many riders are in attendance, riders may start alone, or have someone to chase that is starting on the opposite straightaway.

### Team Events

**Team Sprint** - Teams of 2 or 3 riders have each team member lead one lap, then drop out. The time is taken from the lone team member still on the track. A very fast event! Teams race one at a time, starting and finishing on the home straight.

**Team Pursuit** - Teams of 3-4 riders take turns breaking the wind for their teammates, before peeling off the front, up the banking, then onto the back of their teammates. Often, one teammate will sacrifice themselves for the team, as the time is taken from the third rider of the team.

Teamwork is the key to this event! Teams race 1 at a time, starting and finishing on the home straight.

