

CLEMSON CYCLING

TEAM

Present:

2010 SECCC Collegiate Mountain Weekend and Conference DH Championships

SATURDAY

Registration: 8:00 AM

This just means that we will be there at 8:00. Please register online via the conference website.

Short Track: 9:00 AM Start

Men's A	20min + 2laps	9:00am
Women's A	20min + 2laps	9:35am
Men's B	15min + 2laps	10:05am
Men's C	10min + 2laps	10:25am
Women's B	10min + 2laps	10:40am

Downhill: 12:30 AM Start

Start times will be posted by 12:00 AM. Please check with registration to get your starting position.

Slalom: 3:00 PM Start

Qualifying will start at 3:00 with elimination rounds immediately following. This is a two lane course so faster qualifier will get lane choice in runs following. Course will be open for practice all day weather permitting.

SUNDAY

Registration: 8:00 AM

(Again) This just means that we will be there at 8:00. Please register online via the conference website.

XC: 9:00 AM Start

Men's A	5 Laps	10:30 AM
Men's B	3 Laps	10:40 AM
Women's A	4 Laps	10:35 AM
Men's C	2 Laps	9:00 AM
Women's B	2 Laps	9:05 AM

Course Descriptions

Short Track

The course is fast, fun and short. Laps will start with a climb before shooting into the top portion of the downhill course for a little single track (no jumps involved). The course flattens out a little bit at the bottom before turning back uphill to climb a dirt road to the Start/Finish. Lapped riders will be pulled.

Downhill

We estimate that course times should be in the 2-3 minute range. The top is fast and fairly gradual before getting to the steeper/bigger section. Most features are the same as years past but the wall ride has been rebuild this year and will be better than ever. Search videos on YouTube for some helmet cam views and standing videos. Many races have been held on this course.

Slalom

SUPER FAST. Basic berms, jumps and extra features. Two lanes for the top $\frac{3}{4}$ of the course then comes together for the finish.

XC

The XC course will be in a different section of the forest than Saturday's races. Please see Directions. It will be close to the same course as last year. Race will start on an open road to string things out before heading into single track for the rest of the race. Course will be clearly marked to avoid any possible confusion. Feed zone will be right by staging area. Laps will in the 20-30 min range.

*****PLEASE NOTE!!*****

The slalom and short track courses are at the top of the downhill course, not where you are parking. Please plan accordingly and make sure you have ample time to make it up the hill to make your start times. Its only about a 5 min, ride or 10-15 min. hike to get to the top.

Directions

Saturday : Short Track, Downhill, Slalom

From Clemson:

Head towards Seneca on Hwy. 123. Once you cross over the lake, take a **Right** at the second stop light onto Old Clemson Hwy. Take that road for 1.73 miles then turn **Right** onto Lawrence Bridge Rd. Follow that for 2.75 miles. You will cross over the lake then shortly afterwards will be the **Right** turn into Issaqueena Forest onto a dirt road. There will be signs notifying you of the race so look out for those. Immediately after turning into the forest turn **Left** onto Issaqueena Lake Rd. Follow that road and you will see find the Registration area on the left side of the road.

For the technological savy you can try plopping **Issaqueena Lake Rd./ Central, SC** into your GPS but I give no guarantees that it will take you the best way. Ive found that all them do it a little differently.

Sunday : XC

From Clemson:

Head out of Clemson on Hwy.133. You will cross over a bridge and immediately afterwards take a **Left** onto Old 6 Mile Rd. Follow this road for 2.32 miles and you will find the race area on the **Left**. Pretty simple.

For the GPSers, use: Issaqueena Dam Rd./ Seneca, SC . I think this will be the same for everyone and will take you to the correct location.

Registration:

(Again) Please pre-register with the tool that is provided on the SECCC website. Day-of registration will be frowned upon. Registration on site will be open from 8:00am until 30 min. prior to each race.

Entry fees are \$13 per race

Accommodations:

Ramada Clemson
1310 Tiger Boulevard
Clemson, SC 29631
Telephone: (864)-654-7501
Fax: (864)-654-7301

This is the official race hotel. When you call to make reservations say that you are with “Clemson Cycling Group” and you will get the special rate that we agreed on. That rate is \$60 per night. They have a free breakfast, indoor pool, Free membership to Gold Gym so it’s not a bad deal. This is the cheapest rate that I have found and I called just about everyone. Make sure you make your reservations before Wednesday 9/22 to get the discounted rate.

There is no camping allowed in the Clemson Experimental Forest, there are no real exceptions here. If you really need help with housing then let me know and ill try to put you up with someone. No promises though.

****Notes****

We will have some beverage coolers out at the races both days but there is no guarantee how long these will last. Please plan accordingly.

Please use the restroom facilities provided.

Events will be held rain or shine.

Event organizer reserves the right to make changes to race course or event times.

All USAC rules apply

Contact

Jesse Miller
jesse2@clemson.edu
803-383-2634