

USA Cycling Records

Elite Men

Track Time Trial - Flying Start

<i>200 m</i>	<i>9.876</i>	<i>Jimmy Watkins, Mexico City, 7/30/09</i>
500 m	26.496	Marty Nothstein, Blaine, MN, 8/12/98

Track Time Trial - Standing Start

250 m	18.126	Michael Blatchford, Carson, CA, 8/21/07
<i>1 km</i>	<i>1:01.085</i>	<i>Jimmy Watkins, Mexico City, 7/30/09</i>
<i>4 km</i>	<i>4:15.160</i>	<i>Taylor Phinney, Pruskow, 3/26/09</i>
4 km team	4:06.73	Zach Conrad, Dirk Copeland, Mariano Friedick, Adam Laurent, Paris, France, 10/22/95
1 hour	51.505 km	Norm Alvis, Colo. Springs, CO, 9/26/97

Road Time Trials

Individual

40 km	47:35.37	John Frey, Moriarty, NM, 9/2/90
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Tandem

40 km	44:18.84	John Frey, Rod Bush, Moriarty, NM, 9/6/92
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Elite Women

Track Time Trial - Flying Start

200m	11.064	Connie Paraskevin, Bogota, COL, 9/26/95
500 m	29.662	Jennie Reed, Carson, CA, 6/16/08

Track Time Trial - Standing Start

500 m	34.426	Tammy Thomas, Mexico City, 8/12/01
1 km	1:12.298	Janie Eickhoff, Trexlertown, PA, 6/14/91
<i>3 km</i>	<i>3:27.514</i>	<i>Sarah Hammer, Cali, 12/11/09</i>
1 hour	44.028km	Carolyn Donnelly, Colo. Springs, CO, 10/29/90

Track Team Time Trial -- Standing Start

<i>3000 m</i>	<i>3:27.289</i>	<i>Sarah Hammer, Dotsie Bausch, Lauren Tamayo Cali, 12/11/09</i>
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Road Time Trials

Individual

40 km	51:36.24	Mari Holden, Moriarty, NM, 9/3/95
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Tandem

40 km	52:00.55	Carolyn Donnelly, Paula Higgins, Moriarty, NM 9/3/95
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Elite Mixed Tandem

Road Time Trials

40 km	47:17.84	Kent Bostick, Carol Anne Bostick, Moriarty, NM, 9/2/96
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Junior Men

Track Time Trial - Flying Start

200 meters

14-	11.575	Andy Lakatosh, Trexlertown, PA, 8/12/99
16-	10.654	Andy Lakatosh, Colo. Springs, CO 8/24/00
18-	10.499	William Clay, Colo. Springs, CO, 7/91

Track Time Trial - Standing Start

500 meters

14-	35.419	Andy Lakatosh, Indianapolis, IN, 6/30/99
16-	33.961	Andy Lakatosh, Ft. Lauderdale, FL, 8/10/01

1 km

18-	1:04.400	David Espinoza, Aguascalientes, MEX 8/8/07
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3 km

18-	3:16.589	Taylor Phinney, Carson, CA, 6/15/08
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4 km Team Time Trial

18-	4:23.33	Mike Creed, Will Frischkorn, Devon Hoff-Weekes, Jon Retseck, Athens, Greece, 8/5/99
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Road Time Trials

10 km

12-	14.22.30	Alex Coelho, Moriarty, NM 9/1/02
14-	13:11.73	Chris Stockburger, Moriarty, NM, 9/2/01

20 km

16-	25:08.48	Blake Caldwell, Moriarty, NM, 9/4/00
18-	24:13.00	Heath Sandall, Quito, Ecuador, 7/24/94

Junior Women

Track Time Trial - Flying Start

200 meters

15-16	12.852	Coryn Rivera, Carson, CA 8/14/08
18-	11.47	Missy Thompson, Colo. Springs, CO, 6/19/96

Track Time Trial - Standing Start

500 meters

14-	<i>38.298</i>	<i>Tara McCormick, Carson, CA 07/04/09</i>
16-	37.364	Coryn Rivera, Colo.Springs, CO 7/1/07
18-	36.656	Collen Hayduk, Colo. Springs, CO, 6/30/07

2 km

14-	2:51.67	Lauren Shirock, Trexlertown, PA 8/26/03
16-	2:40.40	Sarah Hammer, Carson, CA, 6/6/99
18-	2:27.92	Jessica Grieco, Colo. Springs, CO, 7/16/91

4 km Team Pursuit

18-	5:15.66	Katie Compton, Amber Holt, Ryan Kelly, Sara Willhoit, Houston, TX, 7/9/95
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Road Time Trials

10 km

12-	16:41.62	Jeanne Eriksson, Moriarty, NM, 9/5/99
14-	15:19.24	Danielle Haulman, Moriarty, NM 9/5/04

20 km

16-	29:48.61	Ryan Kelly, St. Louis, MO, 7/7/94
18-	29:41.97	Jessica Grieco, Borrego Springs, CA, 8/10/90

Masters Men

Track Time Trial - Flying Start

200 m

30+	10.333	Stephen Alfred, Colo. Springs, CO 8/6/02
35+	10.598	Stephen Alfred, Colo. Springs, CO 8/4/04
40+	10.511	Stephen Hill, Colo. Springs, CO 8/9/06
45+	11.050	David Lindsey, Colo. Springs, CO, 8/9/06
<i>50+</i>	<i>11.116</i>	<i>Kurt Sato, Colo. Springs, CO, 8/21/09</i>
55+	11.435	Victor Copeland, Colo. Springs, CO, 8/26/01
60+	11.473	Victor Copeland, Colo. Springs, CO, 8/6/02
65+	11.922	Earl Henry, Colorado Springs, CO 8/9/06
<i>70+</i>	<i>12.636</i>	<i>James Kloss, Colo. Springs, CO 8/20/09</i>

Track Time Trial - Standing Start

500 m

40+	34.901	Don Scales
45+	35.945	Jerry Woodruff
50+	34.834	Roy Simonson, Colo. Springs, CO 8/6/02
55+	35.508	Stanley Gregg, Manchester, England, 10/9/01
60+	35.654	Victor Copeland, Colorado Springs, CO 8/4/04
65+	37.242	Earl Henry, Colo. Springs, CO 8/9/06
<i>70+</i>	<i>39.012</i>	<i>James Kloss, Colo. Springs, CO 8/18/09</i>
<i>75+</i>	<i>43.116</i>	<i>Thomas O'Rourke, Colo. Springs, CO 8/18/09</i>

750 m

40-44	49.107	Stephen Hill, Manchester, 2006
45-49	49.616	Alphonso Whaley, Manchester, 2005

1 km

30+	1:04.271	Jeff Solt, Colo. Springs, CO, 7/13/93
35+	1:04.927	Anton Quist, Colo. Springs, CO 8/4/04
40+	1:05.063	Roy Simonson, Colo. Springs, CO 8/24/00
45+	1:07.85	Vic Copeland, Colo. Springs, CO, 8/21/93

2km

<i>50+</i>	<i>2:17.051</i>	<i>Larry Nolan, Colo. Springs, CO 8/19/09</i>
55+	2:24.439	Woody Cox, Colo. Springs, CO 8/11/06
60+	2:24.780	Victor Copeland, Colo. Springs, CO 8/4/04
65+	2:32.102	James Murdock, Colo. Springs, CO 7/21/07
<i>70+</i>	<i>2:40.224</i>	<i>James Kloss, Colo. Springs, CO 10/20/09</i>

3 km

30+	3:23.31	Chris Carlson, Manchester, England, 8/26/95
35+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93

40+	3:24.60	Kent Bostick, Colo. Springs, CO, 10/16/93
45+	3:21.06	Kent Bostick, Manchester, GBR, 9/23/99

3 km team time trial

<i>50+</i>	<i>3:30.001</i>	<i>Keith Ketterer, Glen Winkel, James Host, Larry Nolan, Colo.Springs, CO 8/23/09</i>
<i>60+</i>	<i>4:14.151</i>	<i>Reid Schwartz, Mark Rodamaker, Ron Hargrave Charles Watson, Colo.Springs, CO 8/23/09</i>

4 km team time trial

30+	4:31.463	Dan Vogt, Curtis Tolson, Kenny Williams, Leif Clarke, Colo. Springs, CO, 8/13/06
<i>40+</i>	<i>4:34.895</i>	<i>Kenny Williams, Curtis Tolson, Steven Carroll Jason Sprouse, Colo.Springs, CO 8/23/09</i>
45+	4:45.62	Keith Ketterer, John Walsh, Thurlow Rogers Brent Kay, Carson, CA 8/24/08
<i>50+</i>	<i>4:48.365</i>	<i>Robert Black, Andrew Buck, Scott Butler Christopher Regan, Colo. Springs, CO 8/20/09</i>

1 hour

30-34	47.7644	Curtis Gunn, Carson, CA, 11/20/04
35-39	45.641	Jason Sprouse, Trexlertown,PA , 7/318/07
40-44	45.5871	Ken Harris, Trexlertown, PA, 9/23/08
45-49	49.3610	Kent Bostick, Manchester, 1999
<i>50-54</i>	<i>45.386</i>	<i>Keith Ketterer, Carson, CA 10/1/09</i>
55-59	44.5488	Steven Lehmen, Manchester, 2002
<i>60-64</i>	<i>44.228</i>	<i>Kenny Fuller, Carson, CA 10/1/09</i>

Road Time Trials

20 km

65+	26:58.57	William Meyers, Moriarty, NM 9/4/05
70+	27:16.52	William Meyers, Moriarty, NM 9/3/07
<i>75+</i>	<i>29:58.79</i>	<i>Walter Axthelm, Moriarty, NM 9/6/09</i>
80+	33:59.62	Gordy Shields, Mission Bay, CA, 4/10/98
85+	35:10.81	Gordon Shields, Moriarty, NM, 8/31/03
90+	44:53.98	Gordon Shields, San Diego, CA, 4/11/08

40 km

30+	47:35.37	John Frey, Moriarty, NM, 9/2/90
35+	47:48.69	Kent Bostick, Moriarty, NM, 9/2/90
40+	48:25.48	Kent Bostick, Moriarty, NM, 9/1/96

45+	49:57.98	Kent Bostick, Dunlap, TN, 6/6/99
50+	50:35.33	Scott Hennessy, Moriarty, NM, 9/5/99
55+	51:56.30	Scott Tucker, Moriarty, NM 8/31/97
60+	52:42.65	Scott Tucker, Moriarty, NM 9/5/99

40 km Tandem

70+	45:56.47	John Frey, Jim Warsa, Moriarty, NM, 9/1/96
90+	46:47.72	John Verheul, Andrew Coggan, Moriarty, NM, 9/1/08
110+	48:56.06	David Spangler, Vic Copeland, Moriarty, NM, 8/31/97

Masters Women

Track Time Trial - Flying Start

200 m

30+	11.064	Connie Paraskevin-Young, Bogota, 9/26/95
35+	11.426	Jill Gianettoni, Colo. Springs, CO, 8/12/96
40+	12.149	Annette Hanson, Colo. Springs, CO 8/6/02
45+	12.466	Linelle Betts, Colo. Springs, CO, 8/6/02
50+	12.995	Charlotte Miller, Colo. Springs, CO 8/6/02
55+	13.522	Charlotte Miller, Colo.Springs, CO 8/21/09
60+	13.977	Marsha Macro, Colo. Springs, CO 8/9/06
65+	14.744	Bonnie Woodbury, Colo.Springs, CO 8/21/09
70+	16.925	Patricia Baker, Colo.Springs, CO 8/21/09

Track Time Trial - Standing Start

500 m

30+	34.426	Tammy Thomas, Mexico City, 8/12/01
35+	35.400	Jill Gianettoni, Colo. Springs, CO 8/12/96
40+	38.249	Michelle Bono, Colo. Springs, CO 8/9/06
45+	38.591	CJ Boyenger, Colo. Springs CO 8/18/09
50+	39.357	Rita Kacala, Colo.Springs, CO 8/18/09
55+	40.202	Linda Miller, Colo. Springs, CO 8/6/02
60+	42.029	Linda Miller, Carson, CA 10/2/08
65+	44.128	Marsha Macro, Colo.Springs, CO 8/18/09
70+	52.934	Patricia Baker, Colo.Springs, CO 8/18/09

1 km

30+	1:13.287	Rebecca Twigg, Indianapolis, IN 8/9/95
35+	1:14.278	Carol Ann Bostick, Colo. Springs, CO, 7/13/93
40+	1:17.935	Betsy King, Colo. Springs, CO, 7/13/93
45+	1:18.435	Terry Roach, Manchester, GBR, 9/25/98

2km

30+	2:33:697	Nancy Lux, Colo. Springs, CO,8/6/04
35+	2:33.697	Nancy Lux, Colo. Springs, CO 8/6/04
40+	2:31.465	Annette Hanson, Manchester, 2004
45+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
50+	2:36.441	Terry Ann Roach, Colo. Springs, CO 8/9/02
55+	2:47.693	Jane Rinard, Colo.Springs, CO 8/19/09
60+	2:42.706	Marsha Macro, Colorado Springs, CO 8/4/04
65+	2:52.674	Marsha Macro, Colo.Springs, CO 8/19/09
70+	3:39.861	Patricia Baker, Colo.Springs, CO 8/19/09

3 km team time trial

30+ (4 person) 3:51.772

Annette Hanson, Tracy Huber, Kele Murdin,
Debbie Preller, Colo. Springs, CO 8/13/06*30+ (3 person) 4:00.535**Renee Eastman, Kate Gracheck, Ingrid
Alongi, Colo.Springs, CO 8/23/09***4 km team time trial**

30+ 5:18.81

Wendy Boglioli, Rebecca Everling, Robin
Nordberg, Cristine Smith, San Diego, CA
7/12/96**1 hour**

35-39 40.7556

45-49 41.2397

Jacquie Lockwood, Manchester, 2000
Lillian Pfluke, Manchester, 2006**Road Time Trials****20 km**

55+ 29:12.51

60+ 30:41.71

65+ 33:10.69

70+ 34:11.28

75+ 43:03.58

80+ 44:24.88

85+ 48:03.34

Laura Lindgren, Sattley, CA, 6/10/07

Haze Thompson, St. Johann, 8/23/06

Eleanor Hamre, Moriarty, NM 9/1/02

Eleanor Hamre, Moriarty, NM, 9/4/06

Martha Hanson, Moriarty, NM 9/3/95

Martha Hanson, Moriarty, NM 9/3/00

Martha Hanson, Moriarty, NM 9/3/07

40 km

30+ 52:50.23

35+ 53:01.99

40+ 53:01.99

45+ 57:01.43

50+ 59:01.12

Phyllis Hines, Dunlap, TN 6/11/95

Vickie Marlatt, Moriarty, NM, 8/31/97

Vickie Marlatt, Moriarty, NM, 8/31/97

Julie Kaplan, Moriarty, NM, 9/6/98

Irene Asher, Moriarty, NM, 9/3/95

40 km Tandem

70+ 53:01.95

Carolyn Donnelly; Paula Higgins, Moriarty, NM
9/1/97

90+ 52:41.76

Elizabeth Benshin, Julie Kaplan, Moriarty, NM
9/1/02

Masters Mixed

40 km Tandem

70+	47:17.84	Kent Bostick, Carol Ann Bostick, Moriarty, NM 9/2/96
90+	48:47.77	Carol Ann Bostick, David Spangler, Moriarty, NM 9/3/95
110+	51:59.27	Elaine Miller, Jim Miller Moriarty, NM 9/4/01
130+	57:42.37	Eleanor Hamre, Bradley Snyder Moriarty, NM 8/31/03