



COMPETITION GUIDE



08-10 October, 2009 Roc d'Azur Fréjus, France

General information

The 4th round of the 2009 UCI BMX Supercross World Cup will once again be included in the classic Roc d'Azur cycling event. Since 1984 Roc d'Azur has grown to become one of Europe's largest Mountain Bike event and festival. In 2006, there were more than 14000 participants taking part in various events. The success of the Roc d'Azur which attracted last year more than 120 000 spectators, is linked to the choice and the variety of the events, bringing together at the same time the world's best and the amateurs.

From October 7th to 11th, Fréjus will live at the rhythm of the Roc d'Azur. Once again this year's event will play host to over 14000 competitors, add to that the 140,000 visitors who will be participating in the festival on the Base Nature at Fréjus - 80 hectares of countryside close to the ocean – and you have the largest mountain bike and cycling festival in Europe.

Official website; <http://www.rocazur.com>

Fréjus

Fréjus is located 890 km from the south of Paris in the area of the Provence Alpes Côte d'Azur. Former naval port, Fréjus gives off a peculiar perfume. Its small alleys, its ancient amphitheatre, its warmth... At equal distance between Cannes & Saint-Tropez, Fréjus is a city of art and culture and with a rich historical and architectural heritage.

Everything is gathered here to make a perfect riders' paradise. So for those of you who still haven't been to this beautiful part of France, let's mix passion and green tourism and meet in Fréjus in October. For more information, go to the Fréjus website; www.ville-frejus.fr

Event Schedule

Thursday 8 October	
09.00 - 11.30	Registration
11.45 - 11.55	Riders briefing
14.00 - 14.55	Elite Men Practice - Group A
15.00 - 15.55	Elite Men Practice - Group B
16.00 - 16.55	Elite Women Practice - Group C
Friday 9 October	
09.00 - 11.00	Transponder fitting
09.00 - 09.55	Elite Women Practice - Group C
10.00 - 10.55	Elite Men Practice - Group B
11.00 - 11.55	Elite Men Practice - Group A
12.00 - 12.30	Elite Women Time trials qualification #1
12.30 - 14.00	Elite Men Time trials qualification #1
14.00 - 14.30	Elite Women Time trials qualification #2
14.30 - 16.00	Elite Men Time trials qualification #2
16.15 - 17.30	Team Manager meeting
Saturday 10 October	
12.00 - 12.25	Warm up Elite Men
12.30 - 12.55	Warm up Elite Women
13.00 - 15.00	Elite Men 1/8 Finals 1st round
	Elite Men 1/8 Finals 2
	Elite Women Semifinal 1st round



	Elite Men 1/8 Finals 3
	Elite Women Semifinal 2
	Elite Men Quarterfinal
15.15 - 15.20	Elite Women Semifinal 3
15.25 - 15.30	Elite Men Semifinal
15.45 - 15.55	Elite Women Final
15.55 - 16.05	Elite Men final
16.35 - 16.50	Awards ceremony

Event schedule subject to changes

Updated:
14/08/2009

UCI BMX Supercross Banquet

The UCI is pleased to announce the 1st annual UCI BMX Supercross Banquet. The banquet will be held Saturday 10th October at 21h00 in Fréjus. The location is yet to be determined.

The banquet will feature the 2009 BMX Supercross Overall Award Ceremony, as well as several other special awards. All athletes (over 18 years old) and team staff are invited. More information will follow shortly.

Event Organizer

The Roc d'Azur is organized by Sportys, with the collaboration of the towns of Fréjus and Roquebrune-sur-Argens for logistics, rides, technical services, etc. For further information about the Roc d'Azur :

Sportys
2 allée de longchamp
92281 Suresnes Cedex
France

Roc Exhibition / Communication : katia.lazarew@sportys.havas.com
Sponsoring : benoit.roy@sportys.havas.com

Accommodation

Fréjus offers more than 26 hotels ranging from 4-star to 2-star hotels. There are also numerous apartments available. For accommodation, please contact the Fréjus tourism office

Office de Tourisme de Fréjus
Tel : +33 4 94 51 83 83
Fax : +33 4 94 51 00 26
E-mail: tourisme@frejus.fr

Website ; http://www.frejus.fr/index.dyn.php3?p_idref=17

Access & transportation

Fréjus is located 890 km from the south of Paris in the area of the Provence Alpes Côte d'Azur, and belongs to the department of the Var (83).

Base Nature de Fréjus
Bassin Cessan
Boulevard de la mer
83600 Fréjus

To help you find and calculate your itinerary, you can consult the Mappy (France and Europe) site : www.mappy.fr



Directions

By car : Motorway/Highway A8 exit Fréjus / Saint-Raphaël or Route Nationale 7 and 98

By plane : International Nice airport (50 minutes) : +33 4 93 21 30 30 International Marseille /

Marignane airport (120 minutes): +33 4 42 78 21 00

Toulon / Hyères airport (70 minutes) : +33 8 25 01 83 87

By train : SNCF station of Saint Raphaël (5 km from Fréjus) :

+33 8 36 35 35 35