

Appendices

Appendix 1

USA Cycling Code of Conduct

Section 1. The mission of USA Cycling is to encourage participation and the pursuit of excellence in all aspects of bicycling. USA Cycling grants the privilege of membership to individuals and groups committed to that mission. The privilege of membership may, therefore, be withdrawn or denied by USA Cycling at any time where USA Cycling determines that a member or prospective member's conduct is inconsistent with the mission of the organization or the best interest of the sport and those who participate in it.

In order to assist all members to better serve the interests of those who participate in cycling, USA Cycling has adopted this Code of Conduct

Section 2. Any member or prospective member of USA Cycling may be sanctioned under the racing rules, fined, suspended, denied membership, censured, placed on probation, or expelled from USA Cycling after being afforded the right to a hearing under USA Cycling Grievance and Hearing Policy, if such member violates the provisions of the USA Cycling Code of Conduct, set forth in Section 3 below, or aids, abets or encourages another person to violate any of the provisions of the USA Cycling Code of Conduct.

Section 3. The following shall be considered violations of the USA Cycling Code of Conduct:

(a) Violation of anti-doping provisions as established by USAC Policy II, the USOC, IOC, USADA, WADA, or the UCI

(b) Discrimination in violation of USAC Bylaw D or Article IV, Section 4(C)(6) of the USOC Constitution or Section 220522(a)(8) Ted Stevens Olympic and Amateur Sports Act, which require that USA Cycling must provide: an equal opportunity to amateur athletes; coaches, trainers, managers, mechanics, administrators, and officials to participate in amateur athletic competition, without discrimination on the basis of race, color, religion, age, sex, or national origin

(c) Conviction of, imposition of a deferred sentence for, or any plea of guilty or no contest at any time, past or present for (i) any felony, (ii) any offense involving use, possession, distribution or intent to distribute illegal drugs or substances, or (iii) any crime involving sexual misconduct.

(d) Any non-consensual sexual contact or advance or other inappropriate sexually oriented behavior or action directed towards an athlete by a coach, official, trainer, or other person who, in the context of cycling, is in a position of authority over that athlete.

(e) The sale or distribution of illegal drugs or the illegal sale or distribution of any substance listed on the recognized list of banned substances of the IOC, UCI, USADA, WADA or USOC.

(f) The use of illegal drugs in the presence of an athlete, by a coach, official, trainer or a person who, in the context of cycling, is in a position of authority over that athlete.

(g) The providing of alcohol, tobacco or other substance to an athlete by a coach, official, trainer, manager or any other person where the athlete is under the legal age allowed to consume or purchase alcohol, tobacco other substance in the state where it is provided.

(h) The abuse of alcohol in the presence of an athlete under the age of 18, by a coach, official trainer of, or a person who,

in the context of cycling, is in a position of authority over that athlete.

(i) Physical abuse of an athlete by any person in a position of authority over that athlete.

(j) Any act of fraud, deception, or dishonesty in connection with any USA Cycling-related activity.

(k) Any non-consensual physical contact, obscene language or gesture, or other threatening language or conduct directed towards any person in connection with any USA Cycling-related activity.

(l) Any intentional damage to private or public property while at or near an event venue sanctioned by USA Cycling, or damage to USA Cycling property.

Appendix 2 USA Cycling Policies

Policy I. Helmets

Section 1. Helmets Mandatory.

Part 1. At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, motorcycle drivers and all motorcycle passengers shall wear a securely fastened helmet that meets the US DOT motorcycle helmet standard.

Part 2. At all times when participating in or preparing for an event held under a USA Cycling permit, including club rides, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets either the US DOT helmet standards or the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets.

Helmets with the European CEN certification may be worn by riders only while participating in a race inscribed on the UCI calendar

Riders shall show documentary proof of this, such as a manufacturer's label, upon request by event officials.

This provision does not apply to riders who are riding rollers or any other stationary device.

Section 2. Responsibility Warranties.

The use of such helmets is strongly recommended for all bicycle riders. It is the rider's responsibility to select and wear such a helmet that offers sufficient protection against head injury and does not restrict the rider's vision. USA

Cycling makes no warranties or representations regarding the protective adequacy or fitness for competition of any helmets and a rider, by entering an event conducted under USA Cycling or any member organization rules, agrees not to sue and to hold harmless USA Cycling from any and all claims arising from the use of any particular helmet.

Section 3. Additional Requirements.

Associations may adopt additional, more stringent regulations regarding bicycle safety helmets, provided that such regulations may in no way supersede the requirements of this Policy.

Policy II. Medical Control

USA Cycling has a zero-tolerance policy for doping in our sport. Fair play is paramount in maintaining the integrity of bicycle racing and the athletes who participate in it at any level and discipline. USA Cycling is committed to working with the United States Olympic Committee, the UCI, the U.S. Anti-Doping Agency, and the World Anti-Doping Agency to ensure a level playing field for all of our athletes.

Any USA Cycling member could be tested at any event and must adhere to all USADA and/or UCI anti-doping control procedures in effect at the event.

Section 1. USA Cycling has adopted and participates in the United States Anti-Doping Agency (USADA) protocol for Olympic Movement testing (USADA protocol). The USADA protocol is incorporated herein by reference and shall prevail over any USA Cycling Regulation to the contrary. Their medical control regulations shall apply to USA Cycling, its Associations, and all members, licensees, participants in races granted permits by USA Cycling, and organizations affiliated with USA Cycling. For information on or a copy of the USADA protocol can be obtained from USADA at (800) 233-0393 or the USADA web site www.usantidoping.org.

In addition, UCI anti-doping controls are organized at many USA Cycling events. Any member may be subject to UCI testing at such events.

Section 2. Prohibited Substances, Boosting, and Penalties

Part 1. Use of prohibited substances or procedures that is detected by USADA using their test procedures or by the UCI using their testing procedures and WADA approved laboratories shall result in the same penalties.

Part 2. Penalties for infractions of any section of these regulations shall be those set forth in the UCI Regulations from time to time and imposed by USA Cycling. Please refer to www.usantidoping.org or www.uci.ch or the current UCI Regulations.

Part 3. Prohibited Practices. No rider may use the substances listed in the current UCI list of prohibited substances. See Table 1 for a list of the more common prohibited substances. This list is not all inclusive and is subject to change at any time. For current substances contact USADA at (800) 233-0393.

Section 3. Testing Procedures

The testing protocol will be that of the United States Anti-Doping Agency (USADA).

Section 4. Tests Results and Evidence.

All testing and results will be the responsibility of the United States Anti-Doping Agency (USADA).

Section 5. Disposition

Any investigation, prosecution, and hearings shall be the responsibility of the United States Anti-Doping Agency (USADA). USA Cycling shall impose any sanction from the adjudication process when permitted under the USADA protocol and in accordance with the UCI approved sanctions.

FOR THE OFFICIAL AND MOST UPDATED LIST OF THE "PROHIBITED CLASSES OF SUBSTANCES AND PROHIBITED METHODS," PLEASE REFER TO WWW.USANTIDOPING.ORG

For answers to specific questions or more information on prohibited substances, please call the USADA Drug Hotline at 800-233-0393

Policy III. Administrative Grievances

New and amended policies for grievances and discipline can be found on the USA Cycling website at:

<http://www.usacycling.org/news/user/story.php?id=172>

Policy IV. Officials Assignments

A new policy regarding officials' assignments can be found on the USA Cycling website at:

<http://www.usacycling.org/news/user/story.php?id=172>

Appendix 3 Requirements of Riders Competing Outside the United States

Licensed riders must obtain permission from USA Cycling to compete outside of the United States, **with the exception of Mexico and Canada**. Permission to compete is provided only for visits to federations that are affiliated with the UCI. Each federation is allowed to set its own requirements for allowing foreign riders to compete. It is the rider's responsibility to meet these requirements when applying for permission. Note that you must have an international license in order to compete abroad.

Foreign Permission Application Procedure

(a) Proof of Citizenship. If you are not a US citizen (indicated on your license under "status") you must provide a passport (copy) or other proof of citizenship.

(b) An applicant must be a licensed rider with a valid International license. If the rider does not have a valid International license, the rider must complete and submit an international license application with the appropriate fee. This

form is available from the USA Cycling Membership office, and is available via online application.

(c) Foreign Permission Letter (FPL).

Foreign permission letters can be requested online from your account at www.usacycling.org. If you have no access to a computer, a permission letter may be requested by writing to USA Cycling. **Note that an FPL is not required to compete in Mexico or Canada.**

(1) Each request must show your name, license number, country(s) you wish to compete in, arrival dates and length of stay.

(2) Please allow at least one week to process and issue letters from the date of receipt in the USA Cycling office. Allow for sufficient delivery time to overseas addresses. Applicant is responsible for all "express" mail and fax fees.

USA Cycling Member Services will process the request in the following manner:

(a) A license validation check will be conducted from the USA Cycling computer files.

(b) Permission from the CEO will be requested.

(c) Upon license validation check and CEO's permission, a letter will be sent to the foreign federation(s) giving permission for you to compete overseas, and copies sent to you. You may have five letters free of charge annually.

(d) The letter authorizing competition in a foreign federation will contain:

- 1) Your Name (as it appears on your passport)
- 2) UCI code and country of origin
- 3) Club and or Team, if you belong to one
- 4) Racing categories by discipline
- 5) Your UCI class (Junior, Under 23, Elite, Master)

Appendix 4

Collegiate National Championship Points Tables

<u>Placing</u>	<u>RR/CX/MTB/Track</u>	<u>Crit</u>	<u>Prime</u>
1	164	143	7
2	146	131	5
3	130	120	3
4	116	110	2
5	104	101	1
6	94	93	
7	86	86	
8	80	80	
9	75	75	
10	71	71	
11	68	68	
12	65	65	
13	62	62	
14	59	59	
15	56	56	
16	53	53	
17	50	50	
18	47	47	
19	44	44	
20	41	41	
21	39	39	
22	37	37	
23	35	35	
24	33	33	

25	31	31
26	29	29
27	27	27
28	25	25
29	23	23
30	21	21
31	20	20
32	19	19
33	18	18
34	17	17
35	16	16
36	15	15
37	14	14
38	13	13
39	12	12
40	11	11
41	10	10
42	9	9
43	8	8
44	7	7
45	6	6
46	5	5
47	4	4
48	3	3
49	2	2
50	1	1

BMX Race Individual Scoring

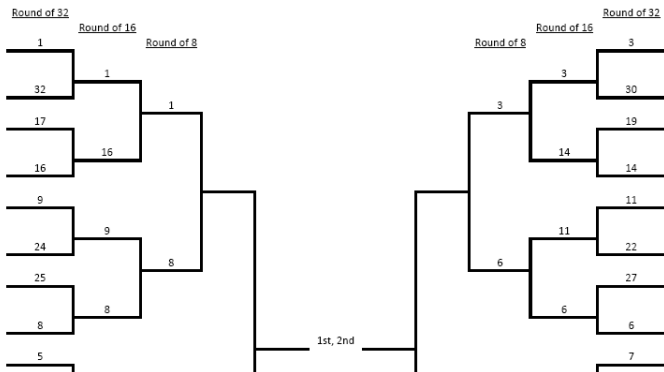
<u>Placing</u>	<u>Points</u>
1	65
2	55
3	46
4	38
5	31
6	25
7	20
8	16
9	13
10	11
11	10
12	9
13	8
14	7
15	6
16	5
17	4
18	3
19	2
20	1

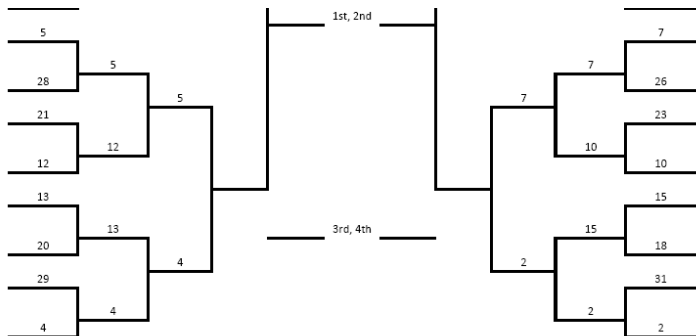
Team Scoring for All Disciplines

<u>Place</u>	<u>Team</u>
1	94
2	83
3	73

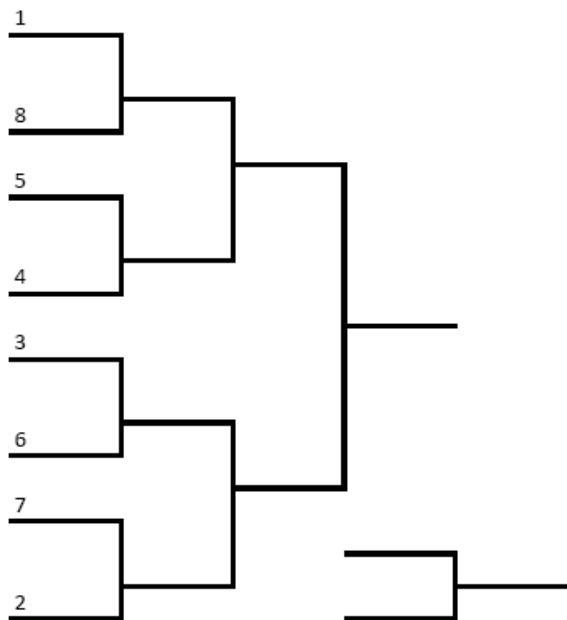
4	64
5	56
6	49
7	43
8	38
9	34
10	31
11	29
12	27
13	25
14	23
15	21
16	19
17	17
18	15
19	13
20	11
21	10
22	9
23	8
24	7
25	6
26	5
27	4
28	3
29	2
30	1

Appendix 5 Slalom Brackets Examples

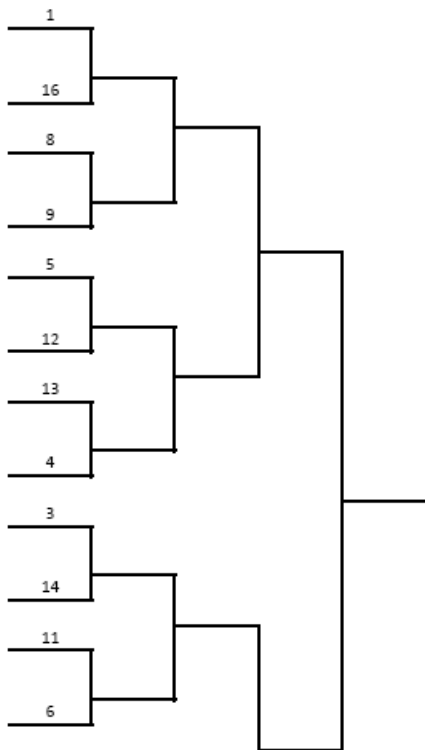


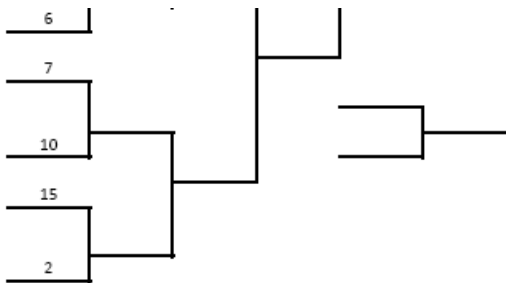


Bracket of 8 Riders



Bracket of 21 Riders





Results based on qualifying times

17th

18th

19th

20th

21st

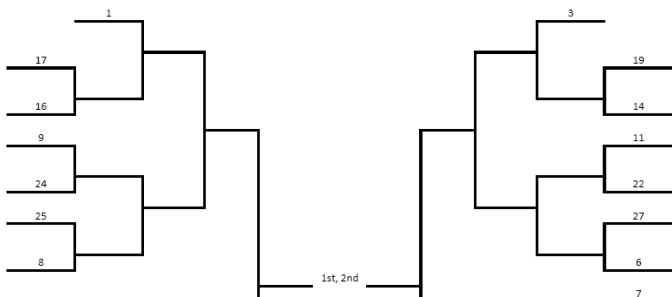
Bracket of 27 Riders

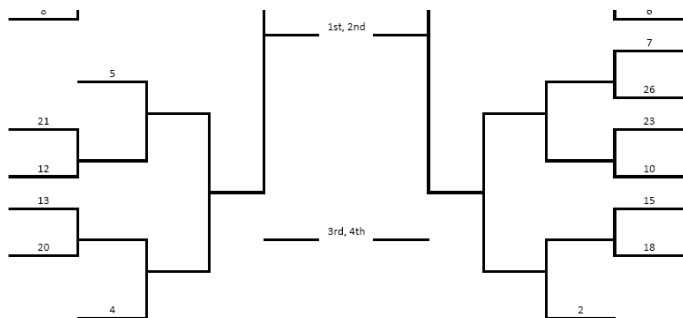
Round of 32

Round of 16

Round of 32

Round of 16





Appendix 6 USA Cycling Staff

President and CEO	Steve Johnson
Chief Operating Officer	Sean Petty
Chief Financial Officer	Todd Sowl
Managing Director of Membership	Gordon Weldon
Vice President of Athletics	Jim Miller
Human Resources Director	Debbie Hendrix
Managing Director of National Events	Micah Rice
National Events Director	Kelli Lusk
Communications Director	Andrea Smith
Technical Director	Shawn Farrell
National Events Manager	Tony Leko
Results and Rankings Manager	Tom Mahoney
Collegiate and High School Program Manager	Jeffrey Hansen
Local Association Program Manager	Frederike Blattspieler

USA Cycling Membership Service Coordinators

Please contact the appropriate coordinator for your state for assistance with event permitting and licensing questions.

NORTHEAST – CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VA, VT, WV

Susan Diller – sdiller@usacycling.org

SOUTH – AL, FL, GA, IN, KY, LA, MI, MS, NC, OH, SC, TN

Beth Vialpando – bvialpando@usacycling.org

MIDWEST – AR, CO, IA, IL, KS, MN, MO, MT, ND, NE, NM, OK, SD, TX, WI, WY

Valecia Frasier -- vfrasier@usacycling.org

WEST – AK, AZ, CA, HI, ID, NV, OR, UT, WA

Andrea Brunelli – abrunelli@usacycling.org

USA Cycling Regional Coordinators

NORTHEAST REGION – CT, DC, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VA, VT, WV

Randy Inglis, (719) 571- 0993, ringlis@usacycling.org
14 School House Lane
North East, MD 21901

MIDWEST REGION – IA, IL, IN, KY, MI, MN, MO, ND, NE, OH, SD, WI

Larry Martin, (719) 571-0992, lmartin@usacycling.org
7824 Florida Circle
Brooklyn Park, MN 55445

SOUTHEASTERN REGION – AL, FL, GA, LA, MS, NC, SC, TN

Stuart Lamp, (719) 209-8211, slamp@usacycling.org
2002 16th Avenue SE
Decatur, AL 35601.

MOUNTAIN AND SOUTHERN REGION – AR, AZ, CO, KS, MT, NM, OK, TX, UT, WY

George Heagerty,(719) 434-4211, gheagerty@usacycling.org
18507 Rustling Ridge
San Antonio, TX 78259

WESTERN REGION – AK, CA, HI, ID, NV, OR, WA

Jan-Luke Hamasaki, (719) 571-0994, jluke@usacycling.org
653 S. Twin Oaks Valley Rd. #218
San Marcos, CA, 92078