

# **Chapter 8**

## **Road, Track, and Cyclo-cross Championships**

## **8. Road, Track & Cyclo-cross Championships**

### **8A. Organization**

**8A1.** The rights to organize National Championships may be awarded to local Race Directors who meet the requirements established by the CEO.

**8A2.** Courses proposed for National Road Championships shall have the characteristics given in the Racing Rules for each event and in addition shall be in excellent repair and be closed to traffic except for vehicles authorized by the officials. In particular:

**(a)** Road races are to be held on selective circuits, accessible to spectators, and which contain climbing, descending, and flat sections, but with few sharp or difficult turns. The climbs may be of fairly steep gradients;

**(b)** Individual and team time trials are to be held on relatively flat courses that have no sharp turns; and,

**(c)** Criteriums are to be held on relatively flat circuits from 1-3 km in length in an urban location readily accessible to spectators.

**(d)** Junior 10-14 Championship courses must be closed to traffic.

**8A3. Track National Championships** shall be held on certified velodromes. States without a suitable track may use one nearby for State Championships or may omit these championships at the discretion of the Administrator.

**8A4. In all national championships**, phototiming shall be used in massed start and sprint events, and automatic timing shall be used in individual timed events.

**8A5.** All championships other than optional championships shall be conducted annually.

**8A6.** Massed start races with fewer than 10 participants may be combined with another category at the discretion of USA Cycling and the Chief Referee with riders being scored separately at the end of the event.

**8A7.** In National Championship events, the defending National Champion (in that event) shall be given highest

priority in call-ups even if the event is otherwise run under UCI rules.

## **8B. Championship Eligibility**

**8B1.** Championships are open only to riders who hold USA Cycling rider annual licenses and meet other qualifications stated in these rules. International licenses are not required to compete in National Championships.

**(a)** State championships are open only to USCF, UCI Men's Continental, or UCI Women's Team members who are USA citizens or permanent residents and reside in the state as shown on their licenses. Riders who, at any time in the current year have been members of Men's UCI Pro Teams and Professional Continental Teams may not enter these races.

**(b)** National Championships for Junior 17-18, Under 23, and Elites may be entered only by riders who are USA Citizens or are members in the US Armed Forces.

**(c)** Regardless of any general rule pertaining to National Championship eligibility, any National Championship that is a direct qualifier for the World Championships or Olympic Games may only be entered by riders who are eligible under international regulations to enter those events as part of the U.S. team.

**(d)** In National Championships, women may not enter men's events; in state championships, women are not eligible for medals in men's events.

**8B2.** At the option of the Administrators, State Championships may include riders who are ineligible for the championship but championship medals will be awarded only to riders who are eligible.

**8B3.** In order to compete in the National Championships, a rider must meet any established performance standards. However, National Champions may defend their titles without having to qualify provided that they are otherwise eligible.

**8B4.** Regional Championships may be conducted on the same basis as state championships in regions designated by the CEO.

**8B5.** At track championships, those under suspension, either by USA Cycling or the UCI, are specifically barred from the infield. Such access may be further restricted as published in advance and approved by the CEO of USA Cycling.

## **8C. Awards**

**8C1.** In State or Regional championships, medals shall be awarded to the first three places.

**8C2.** In all National Championships, awards shall consist of a first place jersey and medals to five places. National championship jerseys for age groups 17-29 shall be a design that is distinct from those of other age groups. When U23 National Championship events are not run as a separate events, but are combined with Elite National Championships, the best U23 rider in the Elite event will receive a National Championship jersey and a gold medal. No other medals will be awarded.

## **8D. Junior Championships**

**8D1.** Junior championships are open only to riders with racing ages in the specified ranges and who are USA citizens or permanent residents as shown on their licenses. Only USA Citizens may compete in National Championships that are exclusively for the ages of 17 and 18.

**8D2** The CEO may publish qualification standards for Junior National Championships. Such standards may be in addition to the current category requirements or may replace them.

### **8D3. State Road Race Championships**

#### **Men**

10-12 18-20 km  
13-14 15-40  
15-16 30-55  
17-18 70-120

#### **Women**

10-12 18-20 km  
13-14 15-30  
15-16 30-40  
17-18 50-70

#### **8D4. National Road Race Championships**

Races that restrict entry based on category are listed in parenthesis below.

##### **(a) Individual Road Races**

###### **Men**

10-12	10-20 km
13-14	20-40 km
15-16	45-80 km (Cat 1-3)
17-18	90-120 km (Cat 1-3)

###### **Women**

10-12	10-20 km
13-14	20-30 km
15-16	35-60 km
17-18	70-85 km

#### **8D5. State and National Time Trial Championships**

##### **Men & Women**

10-12	8-12 km
13-14	8-12 km
15-16	16-24 km
17-18	16-24 km

#### **8D6. National Criterium Championships**

Races that restrict entry based on category are listed in parenthesis below.

###### **Men**

10-12	15 km
13-14	20 km
15-16	25 km (Cat 1-3)
17-18	50 km (Cat 1-3)

###### **Women**

10-12	15 km
13-14	20 km
15-16	20 km
17-18	20 km

#### **8D7. State or Regional and National Track Championships**

may be conducted for each of the following classes. Competition in classes under 17 shall be conducted as omniums. Final omnium standings shall include those riders who compete in all events but do not earn event points. Such riders shall be placed according to their finish in a designated event (generally the last event). The winner of each omnium is the Track Champion for that age group. The winner of the National Omnium is awarded the National Championship jersey. Medals will be awarded to the top three finishers in each individual Track National Championship event, but they will not be designated as National Champions nor receive a jersey. Each individual event for riders in the 17-18 age group is a national championship, with the

awarding of a championship jersey and medals to the top five places.

Races that restrict entry based on category are noted in parenthesis below:

**(a) 10-12 Men\***

500 m time trial  
1 km scratch race  
2 km scratch race

**(c) 13-14 Men**

500 m time trial\*  
4 km scratch race  
10 km points race

**(e) 15-16 Men**

500 m time trial  
8 km scratch race  
15 km points race  
Sprint

**(g) 17-18 Men**

sprint (Cat 1-3)  
1 km time trial  
3 km pursuit  
10 km scratch race (Cat 1-3)  
25 km points race (Cat 1-3)  
International-style omnium  
(Cat 1-3)

**(b) 10-12 Women\***

500 m time trial  
1 km scratch race  
2 km scratch race

**(d) 13-14 Women**

500 m time trial\*  
4 km scratch race  
8 km points race

**(f) 15-16 Women**

500 m time trial  
6 km scratch race  
10 km points race  
Sprint

**(h) 17-18 Women**

sprint  
500 m time trial  
2 km pursuit  
7.5 km scratch race  
15 km points race  
International-style omnium

\*Event restricted to Massed-start Bicycles

The points race distances may be reduced by 25% in State Championships.

**8D8.**

**(a) A National Team Pursuit Championship** shall be conducted at a distance of 4 km for teams of four riders.

**(b) A Team Sprint Championship** shall be conducted. For Junior Men, the event will be 3 laps for teams of 3 riders. For Junior Women, the event will be 2 laps for teams of 2 riders.

**(c) A Madison championship** shall be conducted for junior men ages 16-18, and for junior women aged 15-18. For both races the following restrictions shall apply: riders must have a track category of 1-3; a minimum of five eligible teams must compete in order for a National Championship to be awarded.

**(d) Keirin championships** shall be conducted for men with racing ages 16-18 for those riders that have a track category of 1 or 2 and for women with racing ages 16-18 that have a track category of 1-3.

**8D9. National Cyclo-cross Championships** shall be conducted for men 10-12, 13-14, 15-16, and 17-18, which may be run concurrently, and for women 10-12, 13-14, 15-16, and 17-18, which may be run concurrently. The first row of call ups shall be reserved for riders in the following order:

**(a)** The seven best placed riders returning to the same age class from last year's National Championships.

**(b)** The National Champion from the next younger age class the year before if he or she has since moved to the next age class.

Any other riders called up shall be determined by USA Cycling.

## **8E. Under 23 Championships**

**Under 23 Championships** may be conducted as separate events or as a combined event with the Elite Championships at the discretion of USA Cycling. If the U23 Championship is combined with the Elites, then the U23 winner will be the best placing U23 rider in the Elite event. No other U23 placings will be given.

The distances and qualifications shown below refer to Championship events that are run as separate Events.

**8E1. Under 23 Championships** are open only to riders with the racing age of 19 to 22 who are USA citizens as shown on their licenses, subject to category restrictions shown with the events below. Under 23 riders who are members of UCI

Protour Teams are Elite riders and not eligible for Under 23 Championships.

### **8E2. National Road Race Championships**

Men	Cat 1-2	150-180 km
Women	Cat 1-3	100-140 km

**8E3. State and National Time Trial Championships** shall be conducted for men at a distance of 30-50 km and for women at a distance of 20-40 km.

**8E4. National Cyclo-cross Championships** shall be conducted for men and women.

### **8E5. National Criterium Championships**

Men	Cat 1-2	60 Km
Women	Cat 1-3	35 Km

## **8F. Elite Championships**

**8F1. Elite National Championships** are open only to riders with a racing age of 17 or higher who are USA citizens as shown on their licenses, subject to the category restrictions shown with the events below. However, state championships are also open to permanent residents as shown on their licenses. Elite Championships are not open to riders on UCI Pro, Professional Continental, and Continental Teams when there is a specific Professional National Championship for that discipline.

### **8F2. State Road Race Championships**

Men	Cat. 1-3	120-205 km
Women		55-110 km

### **8F3. National Road Race Championships**

Men	Cat. 1	160-225 km
Women	Cat. 1-2	100-140 km

### **8F4. State and National Time Trial Championships**

**(a) Individual Time Trial** shall be conducted for Men at a distance of 30-50 km, and for women at a distance of 20-40 km.

**(b) Tandem Time Trial** shall be conducted for teams of two men, two women and mixed at a distance of 30-50 km.

## **8F5. National Criterium Championships**

Men Cat. 1 80 km

Women Cat.1-2 50 km

**8F6. State or Regional Track Championships** may be conducted for each of the following classes, where regions are defined by the CEO:

### **(a) Men**

sprint

Cat. 1-3 Keirin

1 km time trial

4 km pursuit

Team Sprint

Cat. 1-3 points race

### **(b) Women**

sprint

500 m time trial

3 km pursuit

points race

**8F7. National Track Championships.** The elite National Track Championships, including the awarding of medals, are open to USA Cycling track riders, subject to the category restrictions shown with the events below.

### **(a) Men**

sprint (Cat 1-2)

Keirin (Cat 1-2)

1 km time trial

4 km pursuit

40 km points race (Cat 1-2)

15 Km Scratch race (Cat 1-2)

International-style omnium (see rule 203) for men (Cat 1-2)\* and women (Cat 1-3)\*

### **(b) Women**

sprint (Cat 1-3)

Keirin (Cat 1-3)

500 m time trial

3 km pursuit

25 km points race (Cat 1-3)

10 Km Scratch race (Cat 1-3)

\* A minimum of 8 eligible riders must compete for a National Champion to be determined.

### **(c) National Track Team Events**

Men's 4 km team pursuit (4 riders)

Men's team sprint (3 laps for 3 rider teams)\*

Women's 3 km team pursuit (3 riders)

Women's team sprint (2 laps for 2 rider teams)\*

Men's 50 km Madison (cat 1-2)\*\*

Women's 25 km Madison (cat 1-3)\*\*

\* A minimum of three eligible teams must compete in order for a National Champion to be determined.

\*\* A minimum of six eligible teams must compete in order to hold the event.

**8F8.** National Cyclo-cross Championships shall be conducted for Elite men (cat 1-2), Elite women (cat 1-3), Single Speed Elite men and Single Speed Elite women.

## **8G. Masters Championships**

**8G1.** Masters Championships are open only to Masters riders with racing ages in the specified ranges who are USA citizens or permanent residents as shown on their licenses. Riders with a racing age of 30 and greater, who hold Elite status as defined in rule 1A7, may not enter Masters Championships.

**8G2.** Masters National Championships are held for riders in five-year age brackets beginning with 30 *or 35* years of age, *depending on discipline*. Jerseys and medals will be awarded for any age group represented.

**8G3.** For massed-start events, any class with fewer than 10 participants may be combined with the next younger age group or groups, and the riders in the different classes scored separately.

**8G4.** In Masters Championship events with an age bracket (e.g. 35-39), riders must compete in their proper age bracket. If the age class is open-ended (e.g. 35+), then they may enter one of the age classes for which they meet the minimum age.

**8G5.** For Masters State Championships, the local administrator will determine what the age group breakdown will be.

## **8G6. State Road Race Championships Recommended Distances**

### **Men**

30+	85-110 km
35+	55-100 km
45+	40-90 km
55+	40-80 km

### **Women**

30+	30-80 km
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## **8G7. National Road Race Championships**

**(a) Individual Road Races** shall be conducted in five-year age groups over the following distances. Only riders in categories 1-3 are eligible for men's age classes through 54 and for women's age classes through 44.

### **Men**

35-39	75-115 km
40-44	60-95 km
45-49	60-95 km
50-54	55-90 km
55-59	55-90 km
60-64	45-80 km
65-69	45-80 km
70+	45-65 km

### **Women**

35-39	55-95 km
40-44	45-80 km
45-49	45-80 km
50-54	45-70 km
55-59	45-70 km
60+	35-60 km

### **(b) Tandem Road Races**

Shall be conducted over a distance of 60-90 km for teams of two masters men, two masters women, and masters mixed, whose sum ages fall in the following categories: (The rider who steers must be in categories 1-3)

70+, 90+, and 110+

## **8G8. Time Trial Championships**

### **(a) State and National Individual Championships**

Shall be conducted for men and women in five year age groups over the following distances:

#### **Men**

35-64*	20-40km
65+	15-20km

#### **Women**

35-54*	20-40km
55+	15-20km

\* *Local Associations may include 30-34 for State Championships at their discretion.*

## **(b) State and National Tandem Time Trial Championships**

Shall be conducted for teams of two men, two women, and mixed; whose sum ages fall in the following categories:

Men 70+	30-50km
Women 70+	30-50km
Mixed70+	30-50km
Men 90+	30-50km
Women 90+	30-50km
Mixed 90+	30-50km
Men 110+	30-50km
Mixed 110+	30-50km

**8G9. National Criterium Championships** Shall be conducted in five-year age groups over the following distances. Only riders in categories 1-3 are eligible for men's age classes through 54 and for women's age classes through 44.

<b>Men</b>		<b>Women</b>	
35-39	50 km	35-39	40 km
40-44	50 km	40-44	35 km
45-49	40 km	45-49	30 km
50-54	40 km	50-54	30 km
55-59	40 km	55-59	30 km
60-64	35 km	60+	30 km
65-69	35 km		
70+	35 km		

**8G10. National Track Championships** Shall be held for men and women in the following events:

### **(a) Sprint**

A sprint competition will be held for men and women in five-year age groups, *beginning at 35*. The format to be used for various sized fields shall be published in advance of the competition.

### **(b) Time Trial**

Standing Start Time Trials will be held for men and women in five-year age groups over the following distances and age ranges:

**Men**

500 m TT (50+)

1 km TT (35-49)

2 km TT (50+)

3 km TT (35-49)

**Women**

500 m TT (35+)

2 km TT (35+)

**(c) Points Race**

Shall be conducted in five-year age groups over the specified distance. Only riders in categories 1-3 may enter for categories younger than age 55. Any age group with less than 10 riders may be combined with a lower age group. In such a case the awards for the older group will be determined by their relative results within the event.

**Men**

35-39 25km

40-44 25km

45-49 20km

50-54 20km

55-59 10km

60-64 10km

65+ 10km

**Women**

35-39 10km

40-44 10km

45-49 10km

50-54 10km

55+ 10km

**(d) Scratch race**

Shall be conducted in five-year age groups over the specified distance. Only riders in categories 1-3 may enter for categories younger than age 55. Any age group with less than 10 riders may be combined with a lower age group. In such a case the awards for **each** group will be determined by their relative results within the event.

**Men**

35-49 10km

50-59 7.5km

60+ 5km

**Women**

35+ 5km

**(e) Madison** shall be held for teams of 2 riders each in the following age groups: men 35+ and men 45+, and only riders in categories 1-3 may enter. Each rider may enter at most one Madison event

**(f) Team Time Trial** for the following age groups with team size and distance as follows:

men 35+ and men 45+: 4 riders/4km;

men 55+ and men 65+: 4 riders/3km;

women 35+ *and women 45+*: 3 riders/3km.

Each rider may enter at most one Team Time Trial event.

These events will be run with one ride per team. One or two teams may be run at the same time as decided by USA Cycling. For the purposes of restarts and mishaps, the event will be conducted the same as a qualifying round in a team pursuit.

**(g) Team Sprint** of 3 laps for three men 35+, men 45+, men 55+ and men 65+ and of two laps for two women 35+, and 45+. Each rider may enter at most one Team Sprint event. This event may be run as a single ride time trial.

**8G11. National Cyclo-cross Championships** shall be conducted for men and women in five-year age groups. Different age groups may be run concurrently and scored separately at the discretion of USA Cycling. Only riders in categories 1-3

are eligible for men's age classes through 54 and for women's age classes

through 44 . The first row of call ups shall be reserved for riders in the following order:

**(a)** The seven best placed riders returning to the same age class from last year's National Championships.

**(b)** The National Champion from the next younger age class the year before if he or she has since moved to the next age class.

Any other riders called up shall be determined by USA Cycling.

## **8H. Para-cycling National Championships**

**8H1.** Para-cycling National Championships for cyclists with disabilities may be held in conjunction with other national championships. Classifications of para-cycling riders and

regulations of competition will follow the Functional Classification System outlined by the UCI.

### **8I. Optional State Championships**

An Administrator may conduct a State Championship for an event that has only a National Championship listed above. USA Cycling will provide awards for such championships.