



## 2017 CYCLOCROSS CLINICS

The clinic will have a course that presents many aspects of cyclocross (off-camber sections, stairs, run ups, etc.). Two skills will be the focus of each clinic. The skills will be overviewed and then practiced. A mock 25-minute A/B race will conclude the event. Most importantly, fun will be had!



## Event Information

**Dates** | Tuesday: 9/5 – 9/12 – 9/19 – 9/26

**Time** | 6:00pm to 7:30pm

**Location** | Clinton Park, Lawrence, KS 66044 (W 5th st, and Illinois)

**Cost** | \$5.00 per day

**Registration** | Must present valid USAC license or purchase 1-day license (\$10.00). All forms will be will be on-site. All USAC rules apply.

**Questions** | Please contact Garrick Valverde at [garrick@moveupcoaching.com](mailto:garrick@moveupcoaching.com) or (785) 979-9701

Held under USA Cycling Event Permit # \_\_\_\_\_ - \_\_\_\_\_