



Presented by TeamLaS'port

Rocky Mount Stage Race & Omnium 2017

Downtown Shreveport Criterium and TT

April 29-30

Held under USA Cycling event permit 2017-1319

\$5,000 payout

Special awards for non-cash categories



Category	Stage	Criterium	TT	Road Race Laps Distance	Field Limit
Cat 1/2/3	\$75	60 min	3 mi	4 84 mi	75
Cat 4	\$75	45 min	3 mi	3 63 mi	75
Cat 5 (Omnium)	\$75	30 min	3 mi	2 42 mi	75
Masters 40+	\$75	45 min	3 mi	3 63 mi	75
Masters 55+	\$75	45 min	3 mi	3 63 mi	75
Women Open	\$75	40 min	3 mi	3 63 mi	75
Women Cat 4/5 (Omnium)	\$75	30 min	3 mi	1 21 mi	75
Juniors (Omnium)	\$75	30 min	3 mi	1 21 mi	75

Register on-line at USA Cycling (registration fee applies). Pre-registration closes April 27 @ 11 PM CDT. \$15 late fee applies to stage/ omnium registration after pre-registration closes.

Register on-site Friday, April 28, at packet pickup. No registration on Saturday, but you may pick up your packet until 30 minutes prior to the first rider off at 7:30 a.m. Individual omnium event fees are \$35 for the road race, \$20 for the time trial, & \$30 for the criterium. \$5 late fee per event once pre-registration has closed.

Packet Pickup: Sportspectrum, 6970 Fern Ave, Shreveport, LA 71105 Also at ITT start 30 minutes prior to first rider going off.

Saturday April 29

Time Trial: First rider off at 7:30 a.m. at 30 second intervals. All riders will complete the same course. Riders should plan to park and set up at upper parking lot of the Stoner Ave. Boat Launch. East Stoner Ave. dead ends on the Red River and you will see the packet pick up tent. This is basically the exit at the finish of the TT. There is a 3 mile ride to the TT start, so plan accordingly. Details will be given in the Bible.

The course is a 3 mile point-to-point flat course starting just south of Charles and Marie Hamel Memorial Park , Shreveport, LA 71105 and heading north on Clyde Fant Parkway.





Criterion: The crit will be held Saturday, April 29 in downtown Shreveport, LA. The course will be 0.5 miles, beginning on Louisiana Ave just south of Cotton St.

Category	Start Time	Length
Juniors/ Women Cat 4/5	10:30 a.m.	30 minutes
Cat 5	11:10 a.m.	30 minutes
Masters 55+	11:50 a.m.	40 minutes
Masters 40+	12:40 p.m..	45 minutes
Women Open	1:35 p.m.	40 minutes
Cat 4	12:25 p.m.	45 minutes
Cat 123	3:20 p.m.	60 minutes

Sunday April 30

Road Race: The first race begins Sunday at 8 AM & starts & finishes at **Rocky Mount, Louisiana, Hwy 160**. The course features a mix of flats & hills:

<https://connect.garmin.com/course/9248907>

Category	Start Time	Distance
Cat 123	8 a.m.	4 laps/ 84 miles
Cat 4	8:10 a.m.	3 laps/ 63 miles
Masters 40+	8:20 a.m.	3 laps/ 63 miles
Women's Open	8:30 a.m.	3 laps/ 63 miles
Cat 5	8:40 a.m.	2 laps/ 42 miles
Masters 55+	8:50 a.m.	3 laps / 63 miles
Juniors /Women Cat 4/5	9 a.m.	1 lap/ 21 miles

Payout Schedule

Based on total registration of 200 riders. Payout list will be reduced by 10% for every 10 riders less than 200.

Cat 123	Cat 3 Bonus	Cat 4	Masters 40+	Masters 55+	Women Open	Women Cat 4/5	Cat 5	Juniors
\$1720	\$500	\$645	\$645	\$559	\$731	Medals	Medals	Medals

All USAC rules apply: Helmets must be worn whenever you are on your bike. Jerseys with sleeves must be worn. Disposal of trash & water bottles is allowed ONLY in feed zones. Disposal of trash in any on-course non-feed zone location will result in an automatic disqualification. Non-USAC riders can purchase one-day licenses at **\$10 per day..** Distances & times are approximate. Prize list will not exceed \$1999 for any given event. **Fields can be combined by promoter, if necessary.**