

# LAVRA Upgrade Omnium – April 8, April 15, April 22

Held under USA Cycling Permit 2016-XXX

Mass-start Racing will occur at the Velo Sports Center velodrome located on the Home Depot Center Campus at 18400 S. Avalon Blvd, Carson, CA 90746. Free parking is available at the velodrome

## Racing dates are as follows:

- April 8, 2016
- April 15, 2016
- April 22, 2016

## LAVRA Friday Night USAC Upgrade Racing

LAVRA's Friday Upgrade Racing is competitive permitted USAC upgrade racing. First event \$25 pre reg, \$30 day of. Series cost is \$60. Additional events \$10. Fields are:

- Category 4 Open (divided into two depending on participation)
- Category 1/2/3 Open
- Women

## Registration

Fields are limited to 24 riders for the omnium race. Pre-registration is available at [www.socalreg.com](http://www.socalreg.com). Socalreg.com charges an administrative fee. Pre-registration will close 10am Friday prior to the event. Day-of licenses will be available for Cat 4 Women.

## Schedule:

- 6:00 pm Registration opens
- 6:45 pm Registration closes
- 7:00 pm Track open for warm-up
- 7:30 pm Racing Starts
- 9:30 pm all racing completed

4/8/2016			4/15/2016			4/22/2016		
Field	Race	Distance	Field	Race	Distance	Field	Race	Distance
Womens	Miss'n'Out		Womens	Belgian WnO	3k	Womens	Triple Sprint	3k
	Points	15k		Scratch	3k		Tempo	3k
	Snowball	5k		Points	15k		Points	10k
Cat 4	Snowball	3k	Cat 4	Belgian WnO	4k+	Cat 4	Tempo	4k
	Miss'n'Out			Points	10k		Triple Sprint	3k
	Points	15k		Scratch	5k		Points	15k
Cat 1/2/3	Snowball	5k	Cat 1/2/3	Belgian WnO	4k+	Cat 1/2/3	Triple Sprint	
	Miss'n'Out			Scratch	4k		Points	15k
	Points	15k		Points	15k		Tempo	4k

## Race Notes

- Racers MUST be certified or hold a Category 2 or higher track license to ride the VSC track – no exceptions.
- Rental bikes are not allowed for racing
- USA Cycling rules for track mass start racing will be followed
- Racers must have a valid one-day, USA Cycling Track or UCI Track license and present evidence of authorization to ride at time of registration. One-day licenses will be sold at the event for \$10 eligible only for Cat 5 fields.
- Contact [racing@velodrome.org](mailto:racing@velodrome.org) for additional information
- Racers are not allowed to cross the track. Please set up in the infield
- Races will be run rain or shine – it's indoors
- Madison riders must be Cat 1-3 with prior Madison race experience at VSC or with prior approval of racing director