

# Ride & Race Skills Clinics

Monday's June 13th - August 8th

Hosted by GS Andiamo



These coached sessions cover classic as well as advanced individual and group skills, ride etiquette, as well as traffic safety. We will reinforce elements of the Beginning Racer Program during the group ride drills. Each evening will end with skill games. Sessions are suitable for all ages and abilities. Experienced athletes are encouraged to attend as this will help hone and refine their skills.

| Time    | Event          | Categories | Cost |
|---------|----------------|------------|------|
| 6:00 PM | Skills Session | All        | \$10 |

| Session Dates |         |        |
|---------------|---------|--------|
| June          | July    | August |
| June 13       | July 11 | Aug 1  |
| June 20       | July 18 | Aug 8  |
| June 27       | July 25 |        |

Novice Category 5 men and Category 4 women are eligible for ONE upgrade point per day.

If you are not a USA Cycling license holder you will need to purchase an annual license or a one-day license for each event.

**Cost:** \$10 entry pre-reg. \$15 entry in person.

GS Andiamo members receive a substantial discount for each session. Discounts are also available for purchase of multiple weeks in advance.

**Location:** Redlands Sports Complex, 1790 N Dearborn St. Redlands, CA 92374

<https://www.google.com/maps/place/Redlands+Sports+Complex/>

@34.0789524,-117.1463285,15z/data=!4m2!3m1!1s0x0:0xd06618602d5b4eaf

**Course:** ~ 800 meter loop

**Parking:** Along Dearborn St

**More Information:** see [www.gsandiamo.com](http://www.gsandiamo.com)

**Contact:** Coach Sean Wilson

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Held under USAC permits: 2016-

