



CERTIFIED COACH

# Black Bob

## Two day Cyclocross Clinic



Power Team Coaching is proud to present a USA Cycling Sanctioned Cyclocross Skills Camp led by Certified Level II Coach and USA Cycling Skills instructor, Michael Ruder. Earn CX upgrade races and points for completing the two day clinic

**Register online ONLY! here -> [www.usac.org](http://www.usac.org)**  
Clinic is limited to the first 30 riders. Ages are 12 to 99 years of age. MTB without bar ends are acceptable.  
**When: Wednesday Night's August 20th and 27th**  
**Time:** Registration/Check-in 5:30pm Closes—6:15pm  
Skills Clinic start 6:30pm  
Skills Clinic ends 8:45pm **Bring your light!**  
**Where: Black Bob Park. 14500 West 151st Olathe, Kansas. Far North West corner of the Park**  
**Cost:** \$30.00 + \$10 + \$10 One day License per day  
\$30.00 for USAC Licensed riders  
If not sold out On-site Registration: \$40.00 for USAC Licensed riders  
\$40.00 + \$10 + \$10 for One day licenses for non Licensed riders for each day  
Annual license are \$70 and One Day Licenses are \$10 and can be purchased on line or at event

- The CX Skills Clinic will consist of
- beginner and intermediate bike skills such
- as, mounting and dismounting, starts, sand
- negotiations, cornering/steering, to more
- advanced skills such as obstacles, off cam-
- ber turns and much, much more.
- Second session will begin with a few re-
- fresher skills then adding on a few ad-
- vanced skills.
- We will finish the day with an answer and
- question forum and one last time around or
- two!
- Be prepared to have FUN and learn a few
- things. **Bring a light for after clinic fun!**



Contact: Michael Ruder  
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Event will be held rain or shine but course may be altered to preserve Park Land.  
No refunds or vouchers  
Event held under USAC Permit # 2014-2705  
Helmets are required to be worn at all time while on your bike.