



Race to the Canal!



October 20, 2013



The Race:

This is a point-to-point race, starting at varying locations along the North/South trail. The race will follow the North/South Trail south towards the Canal Loop. Once at the Canal Loop, racers will proceed onto the Kentucky side of The Loop and finish at the canal bridge.

The North/South Trail:

The North/South trail is more 'backcountry' trails, in dense wooded areas and shorelines. You have a mixture of steep to rolling hills and descents with the majority of it being single-track. 200 feet of elevation change.

The Canal Loop Trail:

The Kentucky side of the Canal Loop is hilly, with rocky climbs and fast descents. 98% single-track. 100 Feet of elevation change.

Point-to-Point Cross Country
Mountain Bike Race

Land Between the Lakes
Grand Rivers, Kentucky

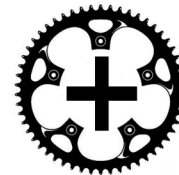
Contact Information:

Justin Harrison
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<http://www.endurance-plus.net>

Hosted by:

Endurance



Registration:

Online registration will be available through bikereg.com; Search for the event name. Online registrants will receive \$5 off race day price. Online registration closes on October 16th, 2200 CST. On-site registration will be available on the Scenic Drive (finish area), on the 20th, from 0730-0850.

Entry Fees:

Online Registration - \$25.00
On-site - \$30.00
Kids < 12 - \$5.00
One-day License Fee - \$5.00

All Pro and Cat 1 racers must have an annual USAC license.

This race is USA Cycling sanctioned and permitted.
All USAC rules apply.

Categories:

Pro Men	9:00
Cat 1 Men 19-29	9:00
Cat 1 Men 30-39	9:02
Cat 1 Men 40+	9:04
34 Open	9:06
Pro Women	9:10
Cat 1 Women 19-29	9:10
Cat 1 Women 30-39	9:10
Cat 1 Women 40+	9:10
Cat 2 Men 19-29	9:00
Cat 2 Men 30-39	9:02
Cat 2 Men 40-49	9:04
Cat 2 Men 50+	9:06
Single Speed	9:08
Clydesdale	9:10
Cat 2 Women 19-29	9:14
Cat 2 Women 30-39	9:14
Cat 2 Women 40+	9:14
Cat 3 Men 19-29	9:00
Cat 3 Men 30-39	9:02
Cat 3 Men 40-49	9:04
Cat 3 Men 50+	9:06
Junior 15-19	9:08
Junior 12-14	9:08
Cat 3 Women 19-29	9:10
Cat 3 Women 30-39	9:10
Cat 3 Women 40+	9:10
Kids 4-6	12:15
Kids 7-9	12:30
Kids 10-12	12:30

Times:

Start Locations:

A: Pro, Cat 1, & 37 Open - Trail head North of Hwy 68.
B: Cat 2, Clydesdale, & SS - Sugar Bay, Road 140.
C: Cat 3, Combined 50+, & Juniors - Birmingham Ferry, Road 114.
D: Kids 4-6 - Scenic Drive
Kids 7-9 - B Connector x1
Kids 10-12 - B Connector x2

Distances:

Pro, Cat 1, & 37 Open - 34 Miles
Cat 2, Clydesdale, & SS - 24 Miles
Cat 3, Combined 50+, & Juniors - 14 Miles
Kids 10-12 - 4 Miles
Kids 7-9 - 2 Miles
Kids 4-6 - 1 Mile

Awards:

Cat 1, Pro's - 100% Payout
Cat 2, Clydesdale, SS - 50 % Payout
Cat 3, 37 Open, Combined 50+, & Juniors - Merchandise
Kids 4-12 - Medals
Awards go 3 racers deep in each category; if 10 or more riders, 5 racers deep.
Payout awards follow a 50/30/20 % Split.
Merchandise awards follow a 40/25/15 dollar value split.

Race Information:

No shuttle service. Please either drive yourself to your race point or find someone that is going to that same point to ride with. There will be markings on The Trace, designating starting locations as A, B, C, or D. Pre-race meetings will be held at 0850 at each starting point.

Rules:

The director reserves the right to modify or cancel the race at any time due to extreme conditions/unforeseen circumstances. It is the racers responsibility to understand and know all rules. View the website for further details.

Directions:

Exit 31, off of I-24. Go South on Hwy 453, (The Trace), aprx. 2 miles. Wood-n-Wave will be on your right. Pass that, the Scenic drive will be the first road on the right, after the Canal Bridge.

Accommodations:

Grand Rivers Inn, (270) 362-4487
Patti's Inn and Suites, (270) 928-2740
KY Dam Village, (270) 362-4271
Comfort Inn, (270) 527-5300