

WANT UPDATES? - 'LIKE' FALL CYCLOCROSS PRACTICE ON FACEBOOK

Fall Cyclocross Practice

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HELD UNDER USA CYCLING PERMIT # 2013-2496

DATE: SEPT. 3RD – NOV. 5TH TIME: TUESDAY NIGHTS 4:30-7PM

Fall Cross Practice

Cyclocross season is soon to be in full swing, and we want you to be ready when it gets here. Fall cross practice is a weekly event through October that will help you practice the skills you will need on race day. A USAC license is required. If you don't hold a USAC license then a one-day license can be purchased for \$5. Registration fee for the event is \$5. The course will change weekly to provide the different challenges cross racing has to offer. This year we will be adding a 'C' category for those beginners, and Jr. Racers that are looking for a bit more practice without all the congestion of the upper category races.

Highlights

- MOUNTAIN BIKES WELCOME
- 'A', 'B', 'C' RACES
- KIDS RACES EVERY NIGHT
- COURSE OPENS AT 5 WITH THE FIRST RACE (BEGINNERS) GOING OFF AT 5:30
- SERIES POINTS AND PRIZES



LEGAL: This is a noncompetitive training event; No money will be awarded. However you may receive something that money was used to buy, like a gift! All USA Cycling rules apply, and you must wear your helmet whenever you are riding your bike. Parents/guardians must sign a release form for all participants under the age of 18.

LOCATION: West side riverpark at 21st and the city skate park. From Riverside Dr. - cross the river going West, and take your first left after the river. If you are coming from highway 75- drive West down 21st street, and take your first right after the Jackson St. stop light.

EVENT SPONSORS: THEY MAKE THIS POSSIBLE....SO SAY THANK YOU!

