



LINDENWOOD

LINDENWOOD UNIVERSITY ST. CHARLES, MISSOURI

Held under USAC Permit #2012-841



Lindenwood University Team Time Trial Midwest Collegiate Cycling Conference Saturday March 17, 2012

<u>Race Category</u>	<u>Start</u>	<u>Length</u>	<u>Prizes</u>
Men's D/Intro	9:00am	13 mi	Points
Men's C	to follow	13 mi	Points
Women's B/C/Intro	to follow	13 mi	Points
Men's B	to follow	13 mi	Points
Women's A	to follow	13 mi	Points
Men's A	to follow	13 mi	Points

Course Description: It is a 13 mile "lollipop" course featuring one small climb and descent. With the normal tailwind and the slight downhill run back to the finish line, teams will be flying home. The start/finish line is located just over 1 mile north-west from the race headquarters at the Daniel Boone Home. There is NO ROOM FOR PARKING at the start/finish area so we ask all teams to ride to the start line with plenty of time to spare.
<http://www.mapmyride.com/routes/view/64546298>

Registration: Registration will be located at the same spot as the road race registration which is at the Daniel Boone Home (1868 Highway F, Defiance, MO.) Cost for **each team** is \$30 (includes \$3/rider insurance surcharge.) Registration will open at 8.00am and will close at 8.45am.

Parking: All athletes **MUST** park at the Daniel Boone Home.

Directions: From I-70 – Exit on First Capitol/MO-94 West (Exit 228) – Take the MO-364 W/MO-94 W ramp towards Weldon Spring – Merge onto MO-94 West – Turn Left to stay onto MO-94 W – Then a Right onto State Hwy F, Boone Home will be approx. 5 miles down F on the left.

From I-64/40 – Exit onto MO-94 West – Turn Left to stay onto MO-94 W – Then a Right onto State Hwy F, Boone Home will be approx. 5 miles down F on the left.





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Lindenwood University Road Race
Midwest Collegiate Cycling Conference
Saturday March 17, 2012

<u>Race Category</u>	<u>Start</u>	<u>Length</u>	<u>Prizes</u>
Men's C	11:00am	42.2 mi - (2 laps)	Points
Men's D/Intro	11:03 am	21.1 mi - (1 lap)	Points
Women's B/C/Intro	11:06 am	21.1 mi - (1 laps)	Points
Men's A	1:00 pm	84.4 mi - (4 laps)	Points
Men's B	1:03 pm	63.3 mi - (3 laps)	Points
Women's A	1:06 pm	63.3 mi - (3laps)	Points

Course Description: Saturday's road race will be sick. It is the same course as last year. There are some good hills, a couple of not so good hills, and potential for some good cross-winds. For all you sprinters, someone is going to need to feed the rest of the team. Perhaps that will be a good way to support the team after your first lap? It is a tough 21.1 mile course located in the Defiance, Missouri area. With some longer climbs and many steep pinches, there will be little room for recovery for those hoping for a bunch sprint.

<http://www.mapmyride.com/routes/view/28605520>

Registration: Registration will be located at the Daniel Boone Home (1868 Highway F, Defiance, MO.) Registration for each category will close 15 minutes prior to each race. Cost is \$15 per rider, per race (includes a \$3/rider insurance surcharge.)

Parking: There will be ample parking located at the Daniel Boone Home.

Directions: Same as Team Time Trial





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Historic Down Town St. Charles Criterium
Midwest Collegiate Cycling Conference
Sunday March 18, 2012

<u>Race Category</u>	<u>Start</u>	<u>Length</u>	<u>Prizes</u>
Men's D/Intro	9:00am	30min + 3 laps	Points
Men's C	9:45am	40min + 3 laps	Points
Women's B/C/Intro	10:45am	30min + 3 laps	Points
Men's B	11:30am	45min + 3 laps	Points
Women's A	12:30pm	45min + 3 laps	Points
Men's A	1:30pm	60min + 3 laps	Points

Course Description: Sunday's Criterium will be held on the historic down town streets of St. Charles, Missouri. A 3 corner, 1 Kilometer, cobbled masterpiece that will surely make some kind of scholarly journal. Don't be fooled however, these well kept cobbles won't hamper the speed of racing.

<http://www.mapmyride.com/ride/united-states/mo/st-charles/954126583353628106>

Registration: Registration for Sunday will open at 8:00AM and be located under the awning between R.T Weiler's and Q (at the start/finish line.) Registration for each category will close 15 minutes prior to each race. Cost is \$15 per rider, per race (includes \$3/rider insurance surcharge.)

Parking: Will be located along Riverside Drive (south of racecourse,) as well as on Second street in the City Hall parking garage (parking garage is free on weekends.)

Directions: From I-70 – Take Fifth Street North (Exit 229) — Right onto Boons Lick Rd – Becomes Riverside Drive – Parking will be along River Side drive on the right.

For Parking at the City Hall Parking Garage: Fifth Street – Right/East on Monroe – Parking will be on the right, between 3rd and 2nd.

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