

Appalachian Time Trial
&
WV State Time Trial Championship
Sept. 30, 2012
Rowlesburg, WV
Held Under USAC Permit (Pending)

Info:

Appalachian Time Trial and West Virginia State Time Trial Championship. However this event is open to racers from all states but only WV residents are eligible for State Championship awards.

Course:

Leave your expensive Flux-Capacitors and fancy wheels at home cause it's WV and we got pot holes, but do not forget your climbing legs, and yes, they can have hair on them too. We don't judge! If you want to climb your legs off come join us over in West "by god" Virginia for some wicked hard yet truly fun grassroots road racin'!! This course starts and finishes alongside the beautiful Cheat River in Rowlesburg, West Virginia. The twenty mile time trial course is an out and back style event. Races will start at the Rowlesburg City Park and head North on Route 72 for 10 miles and then will return to Rowlesburg on Route 72 south.

Preregister:

on Bikereg.com for only \$25 . Race day registration will be \$35 and will open at 9:00AM. USAC License required for all riders. One-day Licenses can be purchased at the event for \$10

Race day registration opens at 9:00 AM, and closes at 11:30 AM.



How to get there:

From Morgantown, WV - Take route 7 east to Kingwood, WV. Then take a right onto route 72 South to Rowlesburg. **Travel Time: 1 hour, 2 minutes.**

From Pittsburgh, PA - Take I-79 south to Morgantown, West Virginia. Then turn onto I-68 east. Take I-68 to exit #4 at Sabraton. Then take route 7 east to Kingwood,

WV. Then take a right onto route 72 South to Rowlesburg.. **Travel Time: 2 hour, 13 minutes.**

From Washington, DC - Take I-68 to exit #23 at Bruceton Mills, WV. Turn left onto 26 south. Follow 26 south to Kingwood, West Virginia. Then take a right onto route 72 South to Rowlesburg.. **Travel Time: 3 hour, 30 minutes**

Where to stay:

[Mainstay](#) - Rowlesburg, WV

[Alpine Lake Resort](#) - Terra Alta, WV

[Heldreth Motel](#) - Kingwood, WV

Rules:

Race runs rain or shine. All USAC rules apply. Riders must wear helmets at all times. Course is open to traffic; obey all traffic regulations. Centerline rule is strictly enforced. Littering on the course is prohibited

Awards:

Cash awards for Men's Cat 1/2/3, Women's Cat 1/2/3, Men's 40+ and Men's 50+. Merchandise prizes for Men's Cat 5 and Tandem. Junior will receive medals. We will be going five deep in all class and eight deep in Men's Cat 1/2/3

☐ Men's Cat 1/2/3 -	Cash, 5 deep, (\$200.00)
☐ Men's Cat 3 -	Prizes, 3 Deep
☐ Men's Cat 4 -	Prizes, 3 Deep
☐ Men's Cat 5 -	Medals, 3 Deep
☐ Men's Master (40+)-	Cash, 3 Deep (\$100.00)
☐ Men's Master (50+)-	Cash, 3 Deep (\$100.00)
☐ Men's Master (60+)-	Medals, 3 Deep
☐ Women's Cat 1/2-	Cash, 3 Deep (\$150.00)
☐ Women's Cat 3-	Prizes, 3 Deep ☐
☐ Women's Cat 4-	Medals, 3 Deep ☐
☐ Juniors -	Medals, 3 Deep
☐ Tandem-	Prizes, 3 Deep

Claiming Prizes:

Prizes will be distributed at Rowlesburg City Park within 1 hour of race results being posted. All prizes not claimed at the race are forfeit.

Results will be sent to USA Cycling.org.

Events goes on rain, snow or shine!

No refunds starting two weeks before event date.

Sponsored by:

Appalachian Bicycle Racing Association