



Twisted Spokes Racing Club presents: 23K Team Time Trial State Championships

Sunday, July 3, 2011

Permit Pending



NEW FOR THIS YEAR IN CELEBRATION OF

What: 4 person 23K Team Time Trial. Team time will be recorded by the 3rd rider at the finish. Compare your team times with the best of the best in Stage 2 of the 98th Tour de France on the same day.

Registration: 8:00 am **Start time:** 10:00 am

Registration & Staging will be at the Littleton Lounge in Littleton, Ia.

Registration On site

Entry fee: \$15 per person (\$60 per Team). USAC license required. 1-day licenses available (\$10). A Lunch will be included with your registration fee. Each racer on the team must register – **one entry form** required PER racer. Riders under 18 must have parent signature.

Categories:

- Men Open
- Female Open
- Eddy Merckx Open (No aero bars or aero helmets utilized)
- Masters (All 4 racers above 45)
- Coed (2 Male & Female)
- Juniors Open
- Tandem (2 Tandems)

Iowa registered USCF teams with all Iowa registered USCF licensees who are all registered members of the same USCF registered club are eligible for the state championships medals. See rule 6B1 & 6B1(a) for championships eligibility. Other composite teams are welcome to race (1-day / unattached / out of state clubs / out of state riders / pros). Clubs that can field more than 1 team are welcome to do so. *All members of each team must wear matching jerseys (composite teams too).*

Course Description: 1 LAP@ 14 MILES FOR 23k



State TTT Course Map

CONTACT: John Adamson 319-266-8225; adamsonjohn@cfu.net or Kathleen Porter 319-230-1303; kathleen.porter@uni.edu

Directions:

Littleton is 24 miles Northeast of Waterloo. Littleton Lounge is located at 511 State St.

