



16th Annual

# Tour of Mt. Nebo

## A Bicycle Road Race

Road Cycling League

Saturday June 11, 2011  
Rain or Shine!

**Where:** Mt. Nebo, Lancaster County, Pennsylvania.

**Course:** This is the legendary Tour of Mt. Nebo featuring tremendous climbs and breathtaking descents. Located in the Susquehanna River Hills of southern Lancaster County PA this course is almost 9 miles long and features 600 feet of climbing per lap. VeloNews Riders Guide named the Tour of Mt. Nebo one of the Must Do Races. This list includes the best events in the country. Ride Magazine ranked Tour of Mt. Nebo as one of the Top Ten Best Races. For a comparison, think of the European Classics Liege Bastogne Liege, Amstel Gold Race or Tour of Flanders It is that kind of memorable course. Whether you win or just finish, you will never forget riding the Tour of Mt. Nebo.

Course Video here: <http://www.youtube.com/watch?v=IrFzTg1qqzc>

Tour of Mt. Nebo is part of the Road Cycling League Super Series.

Category	Distance	Laps	Start time	Field limit	Cost	Places	Prizes
Cat. 4	27 miles	3	9:00 a.m.	90	\$35	6	\$300
Cat. 5	18 Miles	2	9:03 a.m.	50	\$33	5	Trophies
50+ Men	27 Miles	10	9:06 a.m.	75	\$35	5	\$250
Women 1/2/3	27 Miles	6	9:08 a.m.	75	\$35	6/3	\$350
Cat. 4 Women	18 Miles	2	9:08 a.m.	75	\$33	3	Trophies
Pro/1/2 Men	54 Miles	6	11:00 a.m.	120	\$45	20	\$1999
Cat. 3/4 Men	45 Miles	8	11:04 a.m.	100	\$35	8	\$400
40+ Men	36 Miles	6	11:07 a.m.	75	\$35	9	\$300



\* All Women race together. Cat. 4 women get picked separately and are racing for 3 places with Trophies.

\*\* Pro/1/2 Race prize list will only be \$1000 (10 places) if less than 50 riders start.

**Pre-register here:**



Pre-Reg. closes Thursday June 9 at 8 p.m. (Extra fees will apply online). There will be a day of registration if there is still room in your category. This is a USA Cycling event. All riders must have a current USAC license to race. Beginners- (Cat. 5 men) may purchase a one day license at registration if they don't have an annual license. There is a \$5 late fee for day of registration.

**Parking, Registration, Restrooms and start will be at the Martic Elementary School, 266 Martic Heights Drive Holtwood, PA 17532**

The Mt. Nebo course is 16 miles south of Lancaster City, 25 Miles from West Chester PA, 33 miles from York PA, 75 miles from Philadelphia, 43 miles from Newark DE, 72 miles from Trexlertown PA, 62 miles from Baltimore and 163 miles from NYC. Contact: [rich@richruoff.com](mailto:rich@richruoff.com) Race day phone is 717-391-9722.

# Tour of Mt. Nebo

## Course Map and Profile

Start at Martic Heights Dr. and go south on Nissley Rd., right on Drytown Rd., right on Pencroft Rd., Left on Tuquan Glen Rd., right on Hilldale Rd., left on Brady Hill Rd., right on Douts Hill Rd., right on Creamery Rd., right on Martic Heights Dr., left on Steinman Farm Rd., right on Red Hill Rd. up climb to right on Nissley Rd. to Finish. 8.8-miles long with 550 feet of climbing per lap.

