



CAPITAL CRITERIUM WASHINGTON DC

PRO CYCLING MEETS AMERICA'S MAIN STREET

Held Under USA Cycling Event Permit (Pending)
A MABRA Showcase Series BAR Event

SUNDAY, JULY 11 2010

\$16,000+ TOTAL CASH PRIZES

Race	Distance	Start Time	Places	Prizes	Max Field
Men 35+ (Cat 1-4)	50 min	8:15 AM	6	\$200	100
Women 1/2/3	50 min	9:20 AM	8	\$250	100
Men 1/2/3	60 min	10:25 AM	10	\$300	100
CycleLife Kids' Races:					
Age group 3-5, 6-7	100 m	11:40 AM	5 & 5	Medals	75/75
Age group 8-9,10-11	1 lap	12:01 PM	5 & 5	& Trophies	75/75
GIRODC2012 Celeb Ride	2 laps	12:30 PM	1	\$1,000	50
Men Pro / 1 Invitational	105 min	1:15 PM	25	\$15,000	150

(limited to 8-riders per team)



COURSE INFO

1.3 kilometer, 7-corner criterium. Start/finish line on Pennsylvania Avenue between 12th Street and 13th Street. Course runs clockwise along Pennsylvania, right up 13th Street hill, right on F Street, right on 12th Street, left on E Street, right on 11th Street, left on Pennsylvania, 180° turn on Pennsylvania before 9th Street, back to Start/Finish. Races held rain or shine. Neutral support. Free lap rule in effect.

LICENSED RIDER ENTRY

The entry fee is \$35.00 for all licensed riders and an additional \$3.20 SportsBaseOnline service charge. Entry fee includes insurance and all district fees. Each additional race is \$18.00 (plus a \$2.28 SportsBaseOnline Service Charge). Unattached riders will be assessed a \$5.00 surcharge (support your local bike club!). Late fee for race-day registration is \$10.00. No credit cards on race day. Checks or cash only.

DIRECTIONS

From all points: Take all commuter routes into downtown DC. Start/finish is on Pennsylvania Ave. NW, between 12th and 13th Streets.

Parking is limited and course is secure one block back in each direction from course. We encourage racers to park a few blocks from the course. See www.capitalcriterium.com for garage parking options.

REGISTRATION

No mail-in pre-registration. Go to www.capitalcriterium.com or sportsbaseonline.com to pre-register. Online registration will close Thursday, July 8, 2010, at 11:59 PM. No swaps, transfers, or refunds. Promoter reserves right to open Pro race to Cat 1 riders.

E-mail for pro race inquiries

proraceinquiries@capitalcriterium.com

E-mail for general race inquiries

raceinquiries@capitalcriterium.com

E-mail for kids' races inquiries

kidsrace@capitalcriterium.com

E-mail for registration inquiries

registration@capitalcriterium.com

Except for Pro race, race-day registration will still be available and opens at 7:00 AM on 12th Street just north of Pennsylvania Avenue for licensed racers. Registration will close 15 minutes before the start of each race. Race-day registration for kids races will still be available and opens at 9:00 AM and is located at the corner of 10th Street just north of Pennsylvania Avenue. All kids race for free.

For complete information on the races and registration go to www.capitalcriterium.com.

IN SUPPORT OF GIRODC2012

LET'S MAKE HISTORY!

CARBON EMISSIONS & OFFSETS

Races held carbon neutral thanks to a generous donation of renewed energy credits from local green energy broker Clean Currents. Please consider helping to reduce global warming and traffic congestion by carpooling, taking mass transit, using SmartBike, or riding your own bike (the ultimate carbon-free mode of transportation). Consider donating towards the purchase of green tags to offset the carbon emissions attributable to this event.

CYCLELIFE KIDS' RACE INFO

For the 3-5 category, anything rideable or pushable with wheels is permissible, but no roller skates or skateboards. Non-motor scooters are allowed, as are tricycles, bikes with training wheels, trick bikes, kids bikes, regular bikes. No baby carriages.

PROMOTING PARTNER



WASHINGTON CONVENTION AND SPORTS AUTHORITY