

team somerset

800-755-7555

PRESENTS

Tour of Flanders

PART OF THE NJ TIME TRIAL CUP

Saturday July 17, 2010

Challenging 11 mile circuit

Palmer Park, Long Valley, NJ: Parking and Start Line

Road bikes only. No aero bars or solid disc wheels will be allowed.
Deep dish, tri-spoke rims, aero helmets, and shoe covers are OK.

START TIME: 8 A.M.

NUMBER PICK UP: 6:45 AM – 7:45 AM at Palmer Park, Long Valley, NJ

CLASSES: Senior Women, Women Cat 4, Senior Men, Men Cat 4-5, Eddy Women, Eddy Men, Masters 35+, 45+, 55+, 65+

PRIZES: Minimum value \$100/class - 3 Places per class. All prizes will be merchandise.

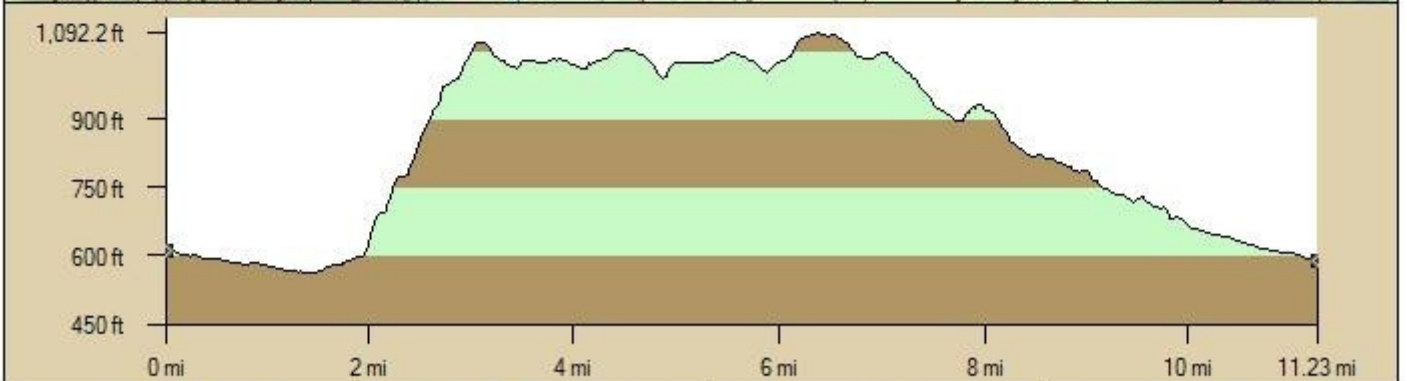
COURSE: Hilly 11 mile loop. Suggested gear of 39 X 23

FEE: \$30 per entry (Additional registration fee may apply.)

REGISTRATION: PRE-REGISTRATION ONLY. ENTRIES MUST BE RECEIVED BY **Thursday, July 15**. THOSE RECEIVED AFTER THIS DATE WILL BE RETURNED. Register on BikeReg.com or make checks payable to: **Team Somerset** and send, with completed release, to: Brooke Wilson, 22 Hathaway Road, Morris Plains, NJ 07950

INFORMATION: 973-879-9818, brooke_wilson@hotmail.com

DIRECTIONS: Look for Flanders on NJ map. It is on Route 206 just above Chester, NJ. From Route 206, turn onto Four Bridges Rd.. At the stop sign at the end of Four Bridges, turn left and proceed to Palmer Park, about half a mile down on the left. GPS: Bartley Road and Four Bridges Road, Chester, NJ.



Lin Dist: 11.22 mi	Terr Dist: 11.23 mi	Elev Gain: -20.5 ft	Avg Grade: 2
Grade: 2	Latitude: N40° 48.694'	Longitude: W74° 43.727'	Elev: 590.7 ft
Climb Elev: 845.4 ft	Desc Elev: 866.0 ft	Max. Elev: 1,092.2 ft	Min. Elev: 563.9 ft
Climb Dist: 4.61 mi	Desc Dist: 6.62 mi		

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