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## Race Information

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### Schedule of Events

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### Modern Woodmen Bank Quad Cities Criterium - May 31, 2010 \$12,000 in Prizes

Event	Entry Fee	Laps	Prizes	Places	Start Time	Field Limit
LAJRS Juniors 10-14	\$15	5 laps	Awards	3	8:25 AM	50
LAJRS Juniors 15-18	\$15	14 laps	\$300	12	8:45 AM	75
Men Cat 4/5**	\$25	12 laps	\$200	5	9:15 AM	75
Women Cat 2/3**	\$25	12 laps	\$900	15	9:45 AM	150
Masters 40+ 1-4	\$30	14 laps	\$500	15	10:10 AM	150
Women Cat 4**	\$25	10 laps	\$500	12	10:35 AM	50
Men Cat 5 /Citizen*/**	\$15	12 laps	Awards	10	11:00 AM	50
Masters 50+ Open****	\$30	12 laps	\$200	5	11:30 AM	75 total
Masters 60+ Open**/****	\$30	12 laps	\$100	3	11:30 AM	75 total
Men Cat 4	\$30	14 laps	\$700	15	12:00 PM	150
Bike/Trike/Big Wheels age 2-10	Free	n/a	Ribbons	Everyone Wins	12:30 PM	n/a
Men Cat 3	\$35	24 laps	\$1,300	20	1:00 PM	150
Masters 30+ 1-4	\$35	24 laps	\$800	15	1:45 PM	150
Women Cat 1/2/3/Pro**	\$35	33 laps	\$1,500	20	2:30 PM	150
Men Cat 1/2/Pro***	\$40	50 laps	\$5,000	25	4:00 PM	150

\$10 Discount on second race entered by the same person  
 One-day license fee of \$10 is not included in the entry fee.  
 Women, Juniors and Masters may enter multiple events. See rule #1K2 for details.  
 \* Cat 5 must buy one-day USA Cycling license (forms available at registration) if not already licensed.  
 \*\* Not eligible for Illinois Cup points  
 \*\*\* Includes "Hot Spots Sprints"  
 \*\*\*\* Includes "75 Total for both groups combined"

Organized by the [Quad Cities Bicycle Club](#) and the [DICE Racing Team](#) in cooperation with [The District](#).  
 Sanctioned by [USA Cycling](#). Held under USA Cycling permit.  
 USA Cycling [rule book](#).



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### Registration

There is no on-line registration for the Quad Cities Criterium.

Please download the [Criterium Entry Form](#), type your data into the light blue boxes, filling them all, then indicate what races you will enter, print out, sign and mail entry form with entry fee to:

**QCC / Rick Paulos**  
**PO BOX 2781**  
**Cedar Rapids, Iowa 52406-2781**

Make checks payable to Quad Cities Criterium  
Late entry fee of \$5 after May 27, 2010

Feature riders must be pre-registered & approved by organizer.

**Registration opens** at 7:00 am inside the Holiday Inn Hotels and Suites, located [between Second and Third Avenue](#), immediately west of 17th Street. For your convenience, expect short waiting lines at our registration.

**Registration closes** 30 minutes prior to each event. You must pick up your numbers before the close of registration for your event. If you fail to pick up your number on time, you may forfeit your entry fee and your number will be offered to riders on any waiting lists. You will not be allowed to race if you do not have your racing license. You are required to show your license to registration officials before you are given your number. Riders may enter multiple events per [USA Cycling rules](#). \$10 discount on second race entered by the same person.

Race organizer reserves right to shorten races if necessary.

**Riders will be staged in order of registration.**

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#### **Free Lap Rule**

Free lap rule applies to all races. You must have your own wheels in the pit to obtain a wheel. No neutral support.

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#### **Helmets Required For All Events**

You must wear an approved helmet and have it properly fastened at all times you are on a bicycle at a race. This includes while warming up, on or off the course. Helmets must meet the US DOT helmet standards or the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets. Helmets with certification stickers for SNELL or ANSI are no longer valid in USAC sanctioned races.

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#### **Race Finish & Prizes**

Photo finish will be used at the Quad Cities Criterium.

Your racing license must be presented to collect any prizes. Prizes may be paid by check; you may be required to sign a receipt. Prizes over \$600 are reported to the Internal Revenue Service for which Social Security Numbers will be required.

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#### **Refunds**

No refunds in accordance with USA Cycling rules. All [USA Cycling rules](#) apply.

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#### **Category 1, 2, Pro "Hot Spots Sprints" Rules**

##### **Places/Prizes:**

Overall places will be determined by highest accumulation of points scored from individual Hot Spots Sprints placing. Ties in Hot Spots Sprints points totals will be broken by the final overall race finish placing, in favor of the highest place finisher. Sprint points winners must finish the race to qualify for final Hot Spots Sprints placing and payout.

1st - \$500

2nd - \$300

3rd - \$200

##### **Sprint Laps:**

Sprint points awarded at the start of laps 25, 20, and 15 to go.

Bell to announce sprints will be rung when riders cross the start/finish line and see 26, 21, and 16 to go.

##### **Points:**

Each sprint will be awarded points as follows:

Sprint points will be awarded at the race start/finish line.

Lapped riders are not allowed to sprint or earn points once lapped.

Foul riding during the sprint laps is subject to relegation or other penalties for that lap's sprint or for the overall race.

##### **Individual sprints:**

1st - 7 points

2nd - 5 points

3rd - 3 points

4th - 2 points

5th - 1 point

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Full weekend race info web site: [www.MemorialDayWeekendBikeRaces.com](http://www.MemorialDayWeekendBikeRaces.com)  
Race info web site: [QuadCitiesCriterium.com](http://QuadCitiesCriterium.com)  
Donnie Miller - race organizer: [bcycleraer@mchsi.com](mailto:bcycleraer@mchsi.com)  
Rick Paulos - race registration: [Rick-Paulos@uiowa.edu](mailto:Rick-Paulos@uiowa.edu)  
Quad Cities Bicycle Club: [www.qcbc.org](http://www.qcbc.org)  
The District: [www.ridistrict.com](http://www.ridistrict.com)

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[Holiday Inn Rock Island](#)  
3rd Ave at 17th Street  
Rock Island, Illinois 61201  
1-309-794-1212  
Fax 309-786-0533

The Holiday Inn Rock Island is on the racecourse and is the official hotel of the Modern Woodmen Bank Quad Cities Criterium. The Holiday Inn is offering a special room rate of \$109.00 per room per night single or double occupancy, plus tax. Although there is no cut off date for the special rate, it is subject to availability. Please mention the Quad Cities Criterium when making reservations or register online using their website. Please insert the group code **QXC** in the Group code box (under check availability, left side) on their [website](#).

[Top](#)**Quad City Area Attractions**

For more information on Quad City area attractions, such as comedy clubs, casinos, museums, and sports, call the Quad Cities Convention Bureau at 800-747-7800 or [www.visitquadcities.com](http://www.visitquadcities.com).

[Top](#)**The District**

Welcome to The District, home of the Modern Woodmen Bank Quad Cities Criterium. Here you'll find a historic downtown right along the banks of the Mighty Mississippi River. In The District you'll find great restaurants and coffee shops, art galleries, theatres, and entertainment venues all within walking distance of the race hotel - Holiday Inn Rock Island.

For more information call 309-788-6311 or [www.ridistrict.com](http://www.ridistrict.com).

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Website by Mike Moritz